

## <u>Key Indicator – 5.3 Student Participation and</u> <u>Activities</u> (15)

5.3.3 Number of awards/medals won by students for outstanding performance in sports/cultural activities at interuniversity/state/national/international events (award for a team event should be counted as one) during the last five years (5)

2019-2024

# Criterion 5 – Student Support and Progression (100)



5.3.3

### Appendix – 1

Reports of sports competitions/Events along with photograph appropriately dated and Captioned year wise



### 2021-2022





|        | 5.3.3 Sports Competition / Events |            |      |  |
|--------|-----------------------------------|------------|------|--|
| Sr No. | Event                             | Date       | Year |  |
| 1      | Blaze IV                          | 12/4/2019  | 2019 |  |
| 2      | Sportea                           | 10/22/2020 | 2020 |  |
| 3      | Blaze V                           | 2/18/2021  | 2021 |  |
| 4      | Fit India                         | 8/21/2021  | 2021 |  |
| 5      | Volley Ball Event                 | 9/27/2021  | 2021 |  |
| 6      | Blaze VII                         | 2/16/2023  | 2023 |  |
| 7      | Acceleron                         | 3/22/2023  | 2023 |  |
| 8      | Annual Fest (GD Goenka)           | 3/22/2023  | 2023 |  |
| 8      | Football                          | 6/27/2023  | 2023 |  |
| 9      | Sports Fiesta                     | 8/10/2023  | 2023 |  |
| 10     | Cyclothon                         | 8/15/2023  | 2023 |  |
| 11     | Khelo India                       | 9/14/2023  | 2023 |  |
| 12     | TT                                | 10/25/2023 | 2023 |  |
| 13     | Rastriya Ekta Diwas2023           | 10/31/2023 | 2023 |  |
| 14     | Lawn Tennis                       | 1/16/2024  | 2024 |  |
| 15     | Blaze VIII                        | 2/7/2024   | 2024 |  |
| 16     | Marathon 2024                     | 2/17/2024  | 2024 |  |
| 17     | Master Chess Event 2024           | 4/20/2024  | 2024 |  |



FREFEDO

Sushant University



August- 2021 Main Ground Sushant University, Gu



### **Event Report**

| Title of Activity*                   | FIT- India Movement  |
|--------------------------------------|--|
| Organized by (School/Centre Name)*   | Sports committee Sushant University  |
| Program Theme*                       | Fit India - Sushant University   |
| Date*                                | 21/08/2021   |
| Time*                                | 9.00am to 5.00pm   |
| Poster*                              | INDIA FREEDO  21 August- 2021 Main Ground Sushant University, Gurugram  Figure-1 Poster for Fit-India Sushant University |
| YouTube/Facebo                       | N/A  |
| ok Link: (if live                    |  |
| steamed or video<br>posted on FB/YT) |  |







|                        | Erstwhile Ansai |
|------------------------|-----------------|
| Social media link      | N/A             |
| (promoting in any      |                 |
| one Facebook           |                 |
| /Instagram/            |                 |
| Twitter is             |                 |
| mandatory)             |                 |
| manaacoryj             |                 |
|                        |                 |
| No. of Students*       | 37              |
| (only no. to be        |                 |
| written, list in excel |                 |
| or word should be      |                 |
| maintain at            |                 |
| department level as    |                 |
| proof for any          |                 |
| further                |                 |
| requirement)           |                 |
| No. of Faculty*        | 1               |
| (only no. to be        |                 |
| written , list in      |                 |
| excel or word          |                 |
| should be maintain     |                 |
| at department level    |                 |
| as proof for any       |                 |
| further                |                 |
| requirement)           |                 |
| No. of External        |                 |
| Participants           |                 |
| (students+faculty      | N/A             |
| ) [write NA if not     |                 |
| applicable]            |                 |





SPAM \* A)

### (Geotag) Photograph-1\*



Figure-2 Students running under Fit- India Movement

### (Geotag) Photograph-2



Figure-3 Faculty members under Fit-India

Description (min 250 to max 800 words)\*

The **Fit India Freedom Run 2.0**, held on **25th August 2021**, was part of a nationwide initiative to promote fitness and a healthy lifestyle among the youth of India. Organized under the **Fit India Movement**, which was launched by the Government of India, this event aimed to motivate citizens, especially the younger generation, to adopt a more active and healthy lifestyle. The event was a tribute to India's 75th year of independence,



symbolizing both the freedom from colonial rule and the freedom from unhealthy habits that burden modern life.

The theme of "Fitness ka Dose, Aadha Ghanta Roz" (Half an hour of fitness every day) emphasized the importance of regular physical activity in combating lifestyle-related diseases and improving overall well-being. Participants were encouraged to run at their own pace, in a place of their choosing, allowing for flexibility and inclusivity. The focus was not on competition but rather on participation, making fitness a regular part of daily life.

Youth from schools, colleges, and universities participated in large numbers, reflecting the growing awareness of the importance of fitness in leading a healthy and fulfilling life. The event also highlighted the role of fitness in building mental resilience, which is especially important in today's fast-paced and stressful world.

In addition to running, participants also took part in various activities, including warm-up sessions, stretching exercises, and health talks on nutrition and mental wellness. The Fit India Freedom Run 2.0 successfully mobilized the youth across the country, reinforcing the message that physical fitness is essential for personal growth, productivity, and a healthier future for the nation.

This event not only encouraged youth to stay active but also promoted the spirit of collective participation in building a **Fit India**.

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Attendance Sheet\* Annexure-1

Report Submitted by (write faculty

coordinator name)

Mohd. Anees







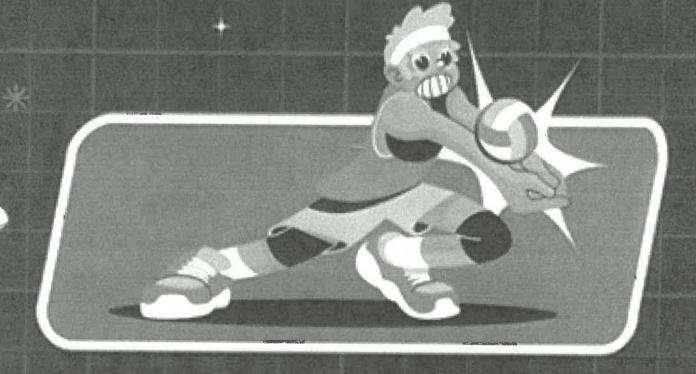
### Fit India Freedom Attendance

| S.no. | Enroll No. | Name               | Attendance Stat<br>(Abs/P) |
|-------|------------|--------------------|----------------------------|
| 1.    | 1908HM048  | ABHISHEK CHHATWAL  | A                          |
| 2.    | 1908HM001  | AISHWARYA SACHDEVA | P                          |
| 3.    | 1908HM025  | AKASH DAHIYA       | P                          |
| 4.    | 1908HM045  | ANIL REGMI         | P                          |
| 5.    | 1908HM018  | ANUVRAT SHARMA     | P                          |
| 6.    | 1908HM019  | CHAHIT THAKRAN     | P                          |
| 7.    | 1908HM044  | DEVAANG SHARMA     | P.                         |
| 8     | 1908HM034  | DEVAM BANSAL       | A                          |
| 9.    | 1908HM006  | DIVITA AGGARWAL    | P                          |
| 10.   | 1908HM029  | DIVVANSH KHURANA   | P                          |
| 11.   | 1908HM023  | FRANK FELIX        | 8                          |
| 12.   | 1908HM027  | HKIRTI LAMBA       | P                          |
| 13.   | 1908HM030  | JAY KHANDELWAL     | P                          |
| 14.   | 1908HM035  | RITUZA RANJAN      | P                          |
| 15.   | 1906HM036  | SANCHI ARORA       | P                          |
| 16.   | 1908HM024  | SHAURYA DHANO      | b                          |
| 17.   | 1908HM037  | SUMIT DUBEY        | 6                          |
| 18.   | 1908HM028  | HRITIK YADAV       | 0                          |
| 19.   | 1908HM015  | DIKSHA BISHT       | 6                          |
| 20.   | 1908HM031  | DEEPAK YADAV       | 0                          |
| 21    | 1908HM050  | VJAYKHANDELWAL     | 10                         |
| 22.   | 1908HM022  | ANANYA VASHIST     | P                          |
| 23.   | 1908HM004  | CHELSI KHAMTWAL    | P                          |
| 24.   | 1908HM049  | VISHNU MAHINDRU    | P                          |
| 25    | 1908HM051  | AYUSH SHARMA       | P                          |
| 26.   | 1908HM014  | PRATIK RAILA       | 8                          |
| 27.   | 1908HM010  | PRINCE TYAGI       | P                          |
| 28.   | 1908HM016  | BHAVYA YADAV       | P                          |
| 29.   | 1908HM020  | UJJWAL             | 6                          |
| 30.   | 1908HM032  | ADARSH SINGH       | P                          |
| 31.   | 1908HM017  | TUSHAR KUMAR       | P                          |
| 32.   | 1908HM041  | ROHAN YADAV        | P                          |
| 33.   | 1908HM043  | YASH AGGARWAL      | 6                          |
| 34.   | 1908HM021  | RAKSHIT YADAV      | P                          |
| 35.   | 1908HM046  | RAJENDRA SAPKOTA   | P                          |
| 36.   | 180BHM001  | SANDEEP SHARMA     | P                          |
| 37.   | 180BHM002  | DEVANSH DUGGAL     | P                          |
| 38.   | 1808HM003  | AMANDEEP SINGH     | 0                          |









LIVE ON YOUR CHANNEL | BEGINS 7PM

## 

27/09/2021

Volley Ball-7p.m Onwards



### **Event Report**

| Title of Activity*   | Volley Ball Match  |
|--|--|
| Organized by (School/Centre Name)*   | Sports Committee   |
| Program Theme*   | Volley Ball  |
| Date*  | 27th Sept 2021   |
| Time*  | 7:00p.m Onwards  |
| Poster*  | LIVE ON YOUR CHANNEL   BEGINS 7PM  VOLLEYBALL  * NATCH  27/09/2021  Volley Ball-7p.m Onwards |
| <b>YouTube/Facebook Link:</b> (if live steamed or video posted on FB/YT)   | NA   |
| <b>Social media link</b> (promoting in any one Facebook/Instagram/Twitter is mandatory)  | NA   |
| No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement) | 28   |
| No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)  | 01   |
| No. of External Participants (students+faculty) [write NA if not applicable]   | NA (Sa)  |



Photograph-1\*



Fig 2: Students playing Volley ball Match

Photograph-2



Fig 3: Students playing Volley ball Match

Description (min 250 to max 800words)\*

Summary of Volleyball Match Organized by the Sports Committee of Sushant University – 27th September 2021. On the 27th of September 2021, the Sports Committee of Sushant University organized an exhilarating Volleyball match exclusively for the students of the School of Art and Architecture(SSAA). This event was a part of the broader initiative taken by the university to promote sportsmanship, fitness, and camaraderie among students, emphasizing the importance of extracurricular activities in a well-rounded educational experience.

The match took place in the sprawling sports complex of Sushant University, with the SSAA students showing up in large numbers to support their respective teams. Both players and spectators were excited to participate in this break from the academic rigors, which gave them a platform to exhibit their athletic skills, build team spirit, and foster connections beyond the classroom. The event was held with strict adherence to COVID-19





protocols, ensuring the safety of both participants and the audience.

### **Team Formation and Preparation**

The teams were formed through a preliminary selection process that had taken place a few weeks prior to the event. The selection committee, composed of coaches and senior students, aimed to balance the teams by mixing experienced players with novices, ensuring that everyone had a chance to participate. Each team had an equal representation of students from different batches within the SSAA, creating a sense of unity across the school.

In the weeks leading up to the event, students engaged in regular practice sessions to build their teamwork, strategies, and gameplay skills. The commitment shown by the participants was evident as they balanced their academic responsibilities with the demanding practice schedule. Their dedication paid off, setting the stage for a highly competitive and exciting match.

### **Match Day Excitement**

The match commenced in the early evening under clear skies, with the atmosphere brimming with energy and anticipation. The two teams, Team A and Team B, entered the court amidst loud cheers from their peers. Each side was determined toclaim victory, but it was clear that the spirit of fairplay and sportsmanship was the overriding priority for everyone involved.

From the very first serve, the match was highly competitive. Both teams displayed impressive coordination, with remarkable spikes, well-timed blocks, and strategic serves that kept the game tight. The communication between teammates was seamless, and the defensive and offensive maneuvers were a testament to their preparation. The match saw several extended rallies, with neither team willing to concede an easy point. The audience was on the edge of their seats, cheering with every point scored.

### **Final Moments and Results**

As the game progressed, the intensity increased, with both teams demonstrating immense skill and determination. The match lasted for three sets, with Team A narrowly edging out Team B in a closely contested final set. Team A's consistent teamwork



and precise execution of their game plan ultimately helped them claim victory. While Team A was declared the winner, both teams earned the admiration of the audience for their hard work, coordination, and sportsmanship. The match concluded with a formal award ceremony where the Sports Committee, alongside faculty members from SSAA, presented medals and certificates to the participants. Both teamswere praised for their performance, and the event highlighted the importance of maintaining a balance between academics and physical activities. Conclusion The Volleyball match was a resounding success. bringing the SSAA community together and reinforcing the value of sports in student life. It provided students an opportunity to not only showcase their athletic skills but also strengthen bonds with their peers and faculty. The Sports

Committee of Sushant University received

engaging and well-executed event.

widespread appreciation for organizing such an

**Report Submitted by** (write faculty coordinator name)

Asst. Prof. Mohd Anees





### **Volleyball Attendance Sheet**

| Sr No | Enrollment No.   | Name of Students    |
|-------|------------------|---------------------|
| 1.    | 210BTCSEAM002    | Keshav Madhav       |
| 2.    | 210BTCSEAM004    | Sourabh Tanwar      |
| 3.    | 210BTCSEAM005    | Subham Jena         |
| 4.    | 210BTCSEAM011    | Yashvi Singh        |
| 5.    | 210BTCSEAM012    | Kshitij Gupta       |
| 6.    | 210BTCSEAM014    | Aarav Vashisth      |
| 7.    | 210BTCSEAM016    | Upanshu Mahajan     |
| 8.    | 210BTCSEAM017    | Shivam Sharma       |
| 9.    | 210BTCSEAM020    | Sadgi Jakhar        |
| 10.   | 210BTCSEAM021    | Hardik Sharma       |
| 11.   | 210BTCSEAM022    | Rahul Anand         |
| 12.   | 210BTCSEAM023    | Rishabh             |
| 13.   | 210BTCSEAM024    | Abhijit Mandal      |
| 14.   | 210BTCSEAM027    | Divyanshi           |
| 15.   | 210BTCSEAM028    | Varenya Visen       |
| 16.   | 210BTCSEAM030    | Aaditya Gupta       |
| 17.   | 210BTCSEAM032    | Angelina Kaur Bawa  |
| 18.   | 210BTCSEAM033    | Krishna Singhal     |
| 19.   | 210BTCSEAM034    | Pratham Vashisth    |
| 20.   | 210BTCSEAM035    | Tushar              |
| 21.   | 200BTCCSEAIML004 | Rohan Yadav         |
| 22.   | 200BTCCSEAIML002 | Rahul               |
| 23.   | 200BTCCSEAIML009 | Harshita Sharma     |
| 24.   | 200BTCCSEAIML012 | Isha                |
| 25.   | 190BTCECE002     | Abhishek Poudyal    |
| 26.   | 200BTCCSE008     | Paras Chaudhary     |
| 27.   | 200BTCCSE003     | Darshika Khandelwal |
| 28.   | 200BTCCSE018     | Tehseem             |

