

**Key Indicator – 1.3 Curriculum Enrichment**  
**(50)**

1.3.2 Number of certificate / value-added courses / Diploma Programme/ online courses of MOOCS / SWAYAM / e-Pathshala / NPTEL etc. where the students of the institution have enrolled and successfully completed

**(30)**

**Criterion 1 – Curricular Aspects**  
**(150)**



## **Metric 1.3.2**


**Annual Report consolidated including objective &  
Outcome of all VAPs with graphs, charts  
/photographs**

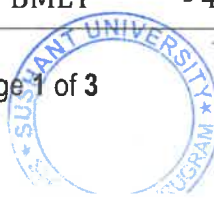
**(2019-20 to 2023-24)**

*Appendix V*

**SSH**

**A Report on-**  
**Value Added Course- Stress Management**  
**By**  
**Sushant School of Health Sciences, Ansal University**

<b>Objective*</b>	Stress management starts with identifying the sources of stress in our life. This is not as easy as it sounds. Our true sources of stress aren't always obvious, and it's all too easy to overlook Our own stress-inducing thoughts, feelings, and behaviours. Sure, we may know that we're constantly worried about work deadlines. But maybe it's our procrastination, rather than the actual job demands, that leads to deadline stress. Stress is necessary for life. We need stress for creativity, learning, and your very survival. Stress is only harmful when it becomes overwhelming and interrupts the healthy state of equilibrium that your nervous system needs to remain in balance. In fact, the simple realization that we're in control of your life is the foundation of stress management. Managing stress is all about taking charge: of our thoughts, emotions, schedule, and the way you deal with problems.
<b>Value Added Faculty with EMP Code</b>	Dr.Elina , Ms. Shweta
<b>Organized by (School/Centre Name)*</b>	Sushant School of Health Sciences
<b>Date</b>	15 <sup>th</sup> Jan- 26 <sup>th</sup> April, 2019
<b>Time slots as per timetable</b>	11:00AM to 12:00PM
<b>Online link</b>	NA (offline)
<b>Poster</b>	
<b>No. of Students* (only no. to be written, attendance sheet should be maintain at</b>	B.Pharmacy - 31 Students BMLT - 4 Students



DEAN  
 School of Health Sciences  
 Sushant University

<i>department level as proof for any further requirement)</i>	BCVT - 7 Students BOPT - 10 Students BMRIT - 8 Students BSc Psychology - 17 Students
<b>Brief Description (min 250 to max 800 words)*</b>	<p>Upon successful completion of the course, the students should be able to:</p> <ul style="list-style-type: none"> <li>• Recognize your stress triggers and how to manage them.</li> <li>• Develop proactive responses to stressful situations.</li> <li>• Use coping tips for managing stress both on and off the job.</li> <li>• Learn to manage stress through diet, sleep and other lifestyle factors.</li> </ul>
<b>Outcome*</b>	<p>In this comprehensive overview of stress, we delve into its multifaceted aspects. Stress, both eustress and distress, is explored along with its various forms, including acute stress, episodic acute stress, and chronic stress, accompanied by an examination of the associated signs and symptoms. The sources of stress are categorized into psychological, social, and environmental factors, and further delineated into academic, family, and work-related stressors. The impacts of stress are profound, encompassing physiological effects such as autonomic nervous system changes, alterations in brain function, and the general adaptive syndrome (GAD), as well as effects on sleep quality, dietary habits, and overall health. Psychological impacts encompass impaired mental functions and memory deficits, while social consequences involve the experience of stressful life events and the crucial role of social support in mitigating stress-related health issues. Additionally, we explore the stress response, often referred to as the 'fight or flight' response, and the warning signals that indicate the presence of stress. Finally, the coping mechanisms available to individuals, including appraisal-focused, emotional-focused, and problem-focused strategies, are discussed within the broader context of stress and coping.</p>
<b>Attendance Sheet*</b>	Attached at the end of Report
<b>Report Submitted by (write faculty coordinator name)</b>	Ms. Shweta Thusoo

# Value Added Course– Stress Management

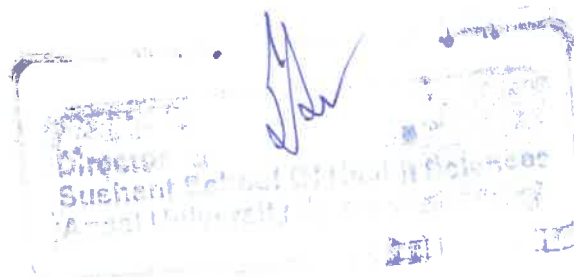
Even Semester 2019

Sushant School of Health Science

## Gap Analysis

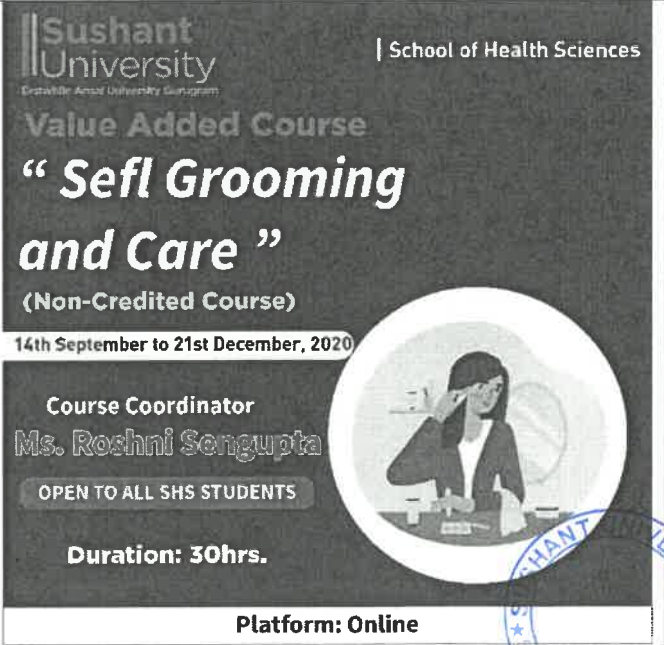
Anxiety makes it simple to let your mind race and become preoccupied with a whirlwind of irrelevant details. Awareness of one's internal and external environments is the first step to feeling more alert and present throughout the day. Being more aware of the present will keep your thoughts from straying, allowing you to give your undivided attention to your work. Meditation can be helpful in alleviating your workplace stress levels. Interrupting your workday with a few minutes of guided meditation to reduce stress and anxiety can be a great way to clear your mind and refocus your energy. One of the quickest and least time-consuming ways to meditate is to focus on one's breathing. You should take five minutes out of your day, find a peaceful spot, close your eyes, and focus on your breathing whenever you feel anxious. In addition to calming your nerves, this will also help clear your head.

1. To be able **“to do more with less”** (being efficient – doing more tasks, with less time, or effort, etc.)
2. **To adapt** with the increasing workload and pressure in the workplace
3. **To lessen the pressure** to work in new ways
4. To be **able to balance** a greater number, or more complex, short and long term tasks
5. **To feel** inundated and not swamped
6. **To lessen the struggle** of never getting to the end of yours to do list
7. **To gain or take back control** over your workload
8. To be able **“to do more with less”** (being efficient – doing more tasks, with less time, or effort, etc.)
9. **To adapt** with the increasing workload and pressure in the workplace
10. **To lessen the pressure** to work in new ways



**A Report on-**  
**Value Added Course- Self-Grooming and Care: Enhancing Personal Well-being and Confidence**

**By**  
**Sushant School of Health Sciences, Ansal University**

<b>Objective*</b>	The "Self-Grooming and Care" course is designed to empower individuals with essential skills and knowledge to enhance their personal well-being, self-confidence, and overall appearance. Participants will learn practical techniques for grooming, skincare, hairstyling, makeup application, and wardrobe management. Through interactive lessons and hands-on activities, this course aims to help individuals develop a positive self-image, improve self-care practices, and boost their confidence in various social and professional setting
<b>Value Added Faculty with EMP Code</b>	Ms Roshni Sengupta
<b>Organized by (School/Centre Name)*</b>	Sushant School of Health Sciences
<b>Date</b>	14 <sup>th</sup> sep to 21 <sup>st</sup> December, 2020
<b>Time slots as per timetable</b>	11:00AM to 12:00PM
<b>Poster*</b>	
<b>Online link</b>	NA
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 31 Students BMLT - 4 Students BCVT - 7 Students BOPT - 10 Students

	<p>BMRIT - 8 Students          BSc Psychology - 17 Students</p>
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>Upon successful completion of the course, the students should be able to:</p> <ul style="list-style-type: none"> <li>• Understand the importance of self-grooming and its impact on personal well-being and confidence.</li> <li>• Identify personal grooming goals and develop realistic expectations for self-improvement.</li> <li>• Demonstrate knowledge of skincare techniques and develop a personalized skincare routine for different skin types.</li> <li>• Apply hairstyling techniques to create versatile hairstyles for everyday and special occasions.</li> <li>• Apply basic makeup techniques to enhance natural features and achieve desired looks.</li> <li>• Understand body proportions and personal style preferences to build a versatile wardrobe with essential pieces and accessories.</li> <li>• Mix and match outfits to create stylish and appropriate looks for different occasions.</li> </ul>
<p><b>Outcome*</b></p>	<p>This self-grooming course is divided into eight modules, each designed to enhance personal well-being and confidence. Emphasizes the significance of self-grooming and goal setting. Covers skincare and achieving a healthy complexion. Focuses on hairstyling techniques and hair care. Introduces makeup basics and product usage. Delves into enhancing facial features through makeup application. Explores wardrobe essentials, styling, and outfit combinations. Addresses professional grooming standards, workplace etiquette, and personal branding. Lastly, Encompasses confidence building, self-care practices, and the development of a personalized routine for holistic well-being.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Ms Roshni Sengupta</p>





# Value Added Course–Self Grooming and Care

Even Semester 2020-21

School of Health Sciences

## Gap Analysis

- Current State:
- Identify your current self-grooming and care practices.
- Assess the areas where you excel and maintain a consistent routine.
- Determine the areas where you feel there is a gap or room for improvement.
- Desired State:
- Define your ideal self-grooming and care routine.
- Determine the level of consistency, knowledge, and skills you want to achieve.
- Set specific goals for each aspect of self-grooming and care.
- Analyze the Gap:
- Compare your current state with the desired state.
- Identify the gaps in knowledge, skills, consistency, or specific practices.
- Determine the factors contributing to the gap, such as lack of time, motivation, or resources.
- Factors Contributing to the Gap:
- Time Constraints: Assess if time management or prioritization is affecting your self-grooming and care routine.
- Knowledge and Skills: Identify areas where you lack knowledge or need to develop better skills.
- Motivation and Mindset: Reflect on any psychological or emotional factors that may be impacting your self-care routine.
- Resources and Support: Evaluate whether you have access to the necessary resources, products, or professional guidance.
- Strategies to Overcome the Gap:
- Time Management: Prioritize self-grooming and care by allocating dedicated time slots in your daily or weekly schedule.
- Education and Skill Development: Seek out educational resources, tutorials, or professional guidance to improve your knowledge and skills.




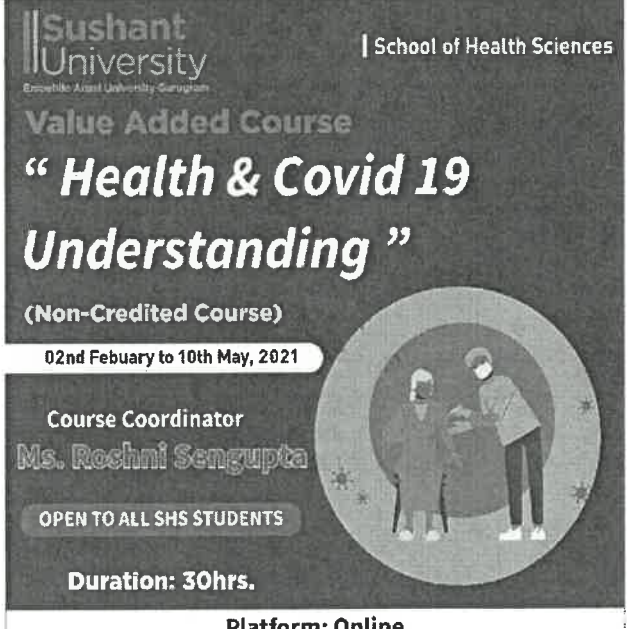
Director  
School of Health Sciences  
Sushant University (Established by Ansal University)  
Sector-55, Gurugram, Haryana-201301

**Value Added Course Report-**  
**Health and COVID-19: Understanding, Prevention, and Well-being**  
**School of health science**

<b>Objective*</b>	The "Health and COVID-19" course aims to provide comprehensive knowledge and practical strategies for understanding, preventing, and promoting well-being during the COVID-19 pandemic. This course will cover various aspects of the virus, including its origins, transmission, symptoms, and impact on physical and mental health. Participants will gain insights into effective preventive measures, self-care practices, and strategies for maintaining overall well-being during challenging times.
<b>Value Added Faculty with EMP Code</b>	Ms Roshni Sengupta
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	2 <sup>nd</sup> Feb to 10 <sup>th</sup> May, 2021
<b>Time slots as per timetable</b>	11:00AM to 12:00PM
<b>Online link</b>	NA
<b>No. of Students* (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)</b>	B.Pharmacy - 31 Students BMLT - 4 Students BCVT - 7 Students BOPT - 10 Students BMRIT - 8 Students BSc Psychology - 17 Students
<b>Brief Description (min 250 to max 800 words)*</b>	Upon successful completion of the course, the students should be able to: <ul style="list-style-type: none"> <li>• Understand the origins and global spread of COVID-19.</li> <li>• Explain the impact of COVID-19 on public health and healthcare systems.</li> <li>• Recognize the importance of accurate information and responsible communication during a pandemic.</li> <li>• Understand different types of COVID-19 tests and their purpose.</li> <li>• Explain the procedures for testing and diagnosis.</li> <li>• Develop a comprehensive understanding of COVID-19 and its impact on health</li> </ul>
<b>Poster</b>	



  
 Director  
 School of Health Sciences  
 Sushant University (Eastville Ansal University)  
 Sector-55, Gurugram, Haryana

	 <p><b>Sushant University</b>   School of Health Sciences  <small>Empehilo Ansal University Gurugram</small></p> <p><b>Value Added Course</b>  <b>“ Health &amp; Covid 19 Understanding ”</b>          (Non-Credited Course)</p> <p>02nd Febuary to 10th May, 2021</p> <p>Course Coordinator  <b>Ms. Rochni Sengupta</b></p> <p>OPEN TO ALL SHS STUDENTS</p> <p><b>Duration: 30hrs.</b></p> <p><b>Platform: Online</b></p>
<p><b>Outcome*</b></p>	<ul style="list-style-type: none"> <li>• Recognize and describe the common symptoms associated with COVID-19.</li> <li>• Demonstrate knowledge of effective preventive measures to minimize the risk of COVID-19 transmission.</li> <li>• Explain the importance of hand hygiene, mask-wearing, and respiratory etiquette in preventing the spread of the virus.</li> <li>• Interpret COVID-19 test results and understand the procedures for testing and diagnosis.</li> <li>• Identify strategies to maintain overall physical health during the COVID-19 pandemic.</li> <li>• Demonstrate an understanding of the psychological impact of the pandemic and develop coping strategies to manage stress and anxiety.</li> <li>• Describe the importance of self-care practices and resilience-building for mental well-being.</li> </ul>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by</b> (write faculty coordinator name)</p>	<p>Ms Roshni Sengupta</p>



Director  
 School of Health Sciences  
 Sushant University (E-85, Sector-35, Gurugram, Haryana)

## Value Added Course--Health and Covid-19 Understanding

Even Semester 2020-21

School of Health Sciences

### Gap Analysis

- Assess your current knowledge and understanding of health and COVID-19.
- Identify the sources from which you gather information on these topics.
- Determine the extent to which you are aware of the latest updates, guidelines, and scientific advancements related to COVID-19.
- Desired State:
  - Define your desired level of understanding and knowledge regarding health and COVID-19.
  - Determine the specific areas within these topics that you wish to have a better grasp on.
  - Set goals for staying updated with accurate and reliable information.
- Analyze the Gap:
  - Compare your current state of understanding with your desired state.
  - Identify the gaps in knowledge, awareness, and comprehension of health and COVID-19.
  - Determine the factors contributing to these gaps, such as limited access to information, misinformation, or lack of awareness.
- Factors Contributing to the Gap:
  - Information Sources: Evaluate the credibility and reliability of the sources you rely on for health and COVID-19 information.
  - Access to Information: Determine if you have access to diverse and up-to-date sources of information, including official health organizations, scientific research, and reputable news outlets.
  - Understanding of Key Concepts: Assess your understanding of key concepts related to health, infectious diseases, transmission, prevention, vaccines, and public health measures.
  - Awareness of Updates: Determine if you are staying informed about the latest guidelines, research findings, and developments regarding COVID-19.
- Strategies to Overcome the Gap:
  - Diversify Information Sources: Seek information from reputable sources, such as the World Health Organization (WHO), Centers for Disease Control and Prevention (CDC), and local health authorities.



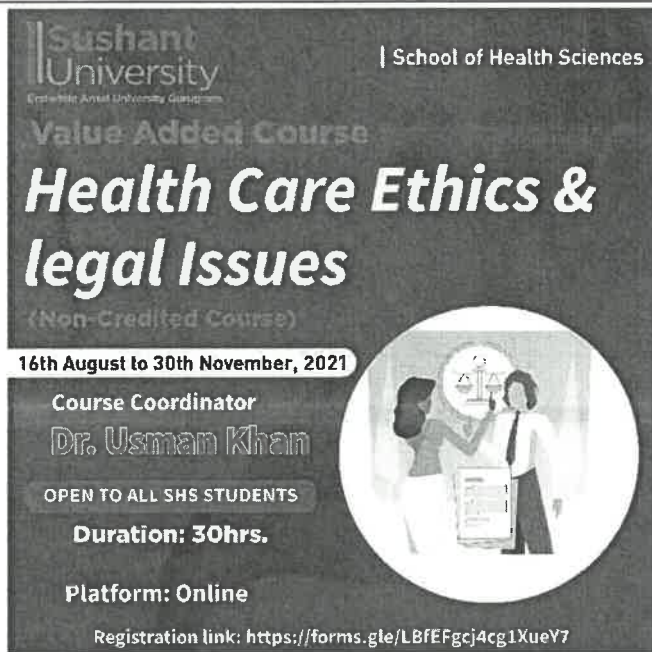
Director  
School of Health Sciences  
Sushant University (Eretable Ansal University)  
Sector-55, Gurugram, Haryana

- **Fact-Checking:** Verify the accuracy of information before accepting and sharing it with others.
- **Critical Thinking:** Develop critical thinking skills to evaluate and analyze health information effectively.
- **Continuous Learning:** Stay engaged in ongoing learning about health and COVID-19 through reliable sources, scientific literature, and educational platforms.
- **Community Engagement:** Participate in discussions, forums, and support groups to exchange knowledge and insights with others interested in health and COVID-19.
- **Follow Official Guidelines:** Stay updated on official guidelines and recommendations provided by health authorities and follow them to protect yourself and others.
- **Implementation Plan:**
  - Create a plan to regularly check and update your understanding of health and COVID-19.
  - Allocate dedicated time to read reputable sources, research studies, and official guidelines.
  - Engage in discussions, webinars, or workshops related to health and COVID-19.
  - Actively participate in public health campaigns and initiatives to enhance awareness and understanding.
  - Share reliable information with others to help bridge the knowledge gap in your community.
  - Regularly reassess your understanding and knowledge of health and COVID-19 to ensure you are staying informed and up-to-date. Remember to critically evaluate information, rely on reputable sources, and adapt your knowledge as new research and guidelines emerge.





  
 Director  
 School of Health Sciences  
 Shri Yantra University (E-Subile Ansal University)  
 Sector-06, Gurugram, Haryana

**Value Added Course Report-**  
Health care ethics and legal issues

<b>Objective*</b>	Explore the ethical and legal challenges in health care. Analyze moral dilemmas, patients rights and legal regulations. Develop critical thinking skills for ethical decision making in health care practice. Gain a comprehensive of the ethical principles and legal framework that shape health care. Note: This course does not provide legal advice.
<b>Value Added Faculty with EMP Code</b>	Dr Usman Khan
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	16 <sup>th</sup> Aug to 30 <sup>th</sup> November, 2021
<b>Time slots as per timetable</b>	11:00AM to 12:00PM
<b>Poster*</b>	 <p>The poster is for a Value Added Course titled "Health Care Ethics &amp; Legal Issues" (Non-Credited Course) at Sushant University, School of Health Sciences. The course is held from 16th August to 30th November, 2021, and is coordinated by Dr. Usman Khan. It is open to all SHS students and has a duration of 30 hours. The platform is online. A registration link is provided: <a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>. The poster also features an image of two people in a circular frame.</p>
<b>Online link</b>	<a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 31 Students BMLT - 4 Students BCVT - 7 Students BOPT - 10 Students BMRIT - 8 Students BSc Psychology - 17 Students



Director   
 School of Health Sciences  
 Sushant University (Formerly Ansal University)  
 Sector-36, Gurugram, Haryana

<p><b>Photograph-1*</b></p>	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>Upon successful completion of the course, the students should be able to:</p> <ul style="list-style-type: none"> <li>● Understand Ethical Frameworks: Learn different ethical theories in healthcare and apply them to real-world situations.</li> <li>● Analyze Moral Dilemmas: Critically assess complex healthcare moral dilemmas, considering patient autonomy, consent, confidentiality, and end-of-life care.</li> <li>● Comprehend Legal Foundations: Grasp healthcare-related laws, regulations, and their impact on decision-making.</li> <li>● Evaluate Patients' Rights: Examine patient rights, including privacy, consent, and access to care.</li> <li>● Assess Legal Implications: Explore legal aspects of emerging healthcare technologies, negligence, malpractice, and resource allocation.</li> <li>● Develop Critical Thinking: Improve problem-solving skills for healthcare ethical and legal dilemmas using case studies and discussions.</li> <li>● Ethical Decision-Making: Create strategies for ethical decision-making in healthcare by integrating principles and legal frameworks.</li> <li>● Stay Informed on Current Issues: Stay updated on evolving ethical and legal issues in healthcare, including policy changes and trends.</li> </ul>
<p><b>Outcome*</b></p>	<p>In healthcare, we apply ethical frameworks to analyze complex dilemmas, ensuring legal compliance while advocating for patients' rights. We employ critical thinking to navigate ethical and legal challenges, considering various perspectives and evidence-based reasoning. Ultimately, we make ethically sound decisions by integrating principles and legal standards, prioritizing the welfare of all stakeholders in healthcare practice.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Dr Usman Khan</p>



Director  
School of Health Sciences  
Sushant University (Formerly Ansal University)  
Sector-55, Gurugram, Haryana

## Value Added Course—Health Care Ethics and legal Issues

Even Semester 2021-22

School of Health Sciences

### Gap Analysis

- Knowledge of Ethical Principles: I have a basic understanding of ethical principles such as autonomy, beneficence, non-maleficence, and justice.
- Understanding of Legal Framework: I am familiar with the basic legal regulations and frameworks governing healthcare, such as informed consent, patient confidentiality, and medical malpractice.
- Application of Ethical Decision-Making: I can identify ethical dilemmas in healthcare settings, but I struggle with applying ethical frameworks and making well-informed decisions.
- Awareness of Current Ethical and Legal Issues: I have limited knowledge of current ethical and legal issues in healthcare, such as end-of-life care, organ transplantation, and reproductive rights.
- Communication and Collaboration: I have moderate skills in communicating and collaborating with colleagues, patients, and their families regarding ethical and legal matters.
- Desired State:
- In-depth Knowledge of Ethical Principles: I aim to develop a comprehensive understanding of ethical principles and theories, including their application in complex healthcare scenarios.
- Proficiency in Legal Framework: I want to have a thorough understanding of the legal regulations and frameworks relevant to healthcare practice, including emerging legal issues.
- Enhanced Ethical Decision-Making: I aim to improve my ability to analyze ethical dilemmas, apply ethical frameworks, and make sound decisions that align with ethical principles.
- Up-to-date Awareness of Ethical and Legal Issues: I want to stay informed about current ethical and legal issues in healthcare, including advancements in technology, patient rights, and healthcare policies.
- Effective Communication and Collaboration: I strive to enhance my communication and collaboration skills to facilitate discussions on ethical and legal matters with colleagues, patients, and their families.
- Action Plan:
- Continuous Education: Engage in continuous education opportunities such as workshops, seminars, and online courses to deepen knowledge of ethical principles and theories.
- Legal Research: Stay updated on legal regulations and landmark cases through legal journals, professional associations, and online resources focused on healthcare law.




Director  
School of Health Sciences  
Crishant University (erstwhile Ansal University)  
Sector-06, Gurgaon, Haryana

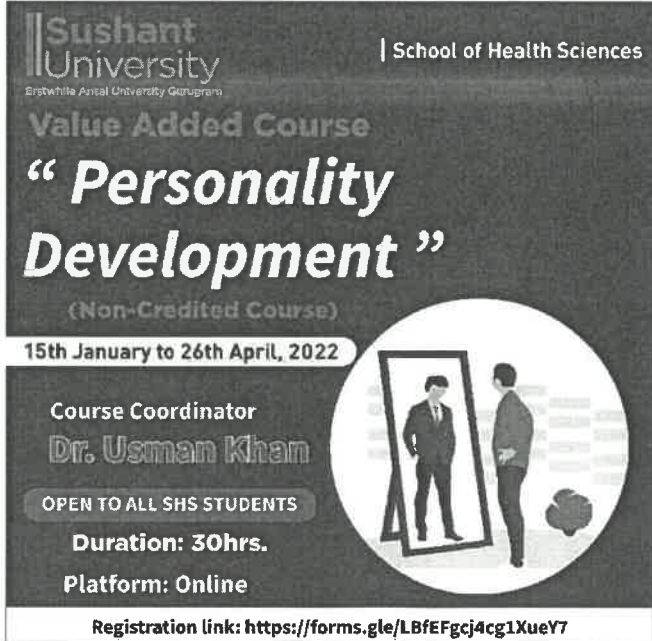


- **Case Studies and Simulations:** Engage in case studies and simulations to practice ethical decision-making and apply ethical frameworks to complex healthcare scenarios.
- **Professional Networks:** Join professional networks, forums, or discussion groups related to healthcare ethics and legal issues to stay informed and engage in relevant discussions.
- **Ethical and Legal Updates:** Regularly read publications, journals, and reputable websites focusing on healthcare ethics and legal issues to stay up to date.
- **Communication Skills Training:** Participate in communication skills training programs or workshops to improve effective communication and collaboration in ethical and legal discussions.
- **Interdisciplinary Collaboration:** Seek opportunities to collaborate with professionals from other disciplines, such as lawyers, ethicists, and policymakers, to gain diverse perspectives on ethical and legal matters in healthcare.
- **Monitoring and Evaluation:** Regularly assess the progress in each area by reviewing the depth of knowledge acquired, evaluating decision-making skills through ethical case studies, and seeking feedback from mentors or colleagues. Reflect on real-life experiences and identify areas for improvement. Adjust the action plan as needed to address any identified gaps and ensure continuous growth and development in healthcare ethics and legal competence.




  
Director  
School of Health Sciences  
Gushan University (erstwhile Ansal University)  
Sector-6, Gurgaon, Haryana

**Value Added Course Report-  
Personality Development  
by  
School of Health Sciences**

<b>Objective*</b>	This course starts with a basic introduction of personality. It then goes on to look at theories of personality development, the stages of development theories, key researches in personality psychology, and the main influences on personality development. You will also delve into looking at basic personality traits, including values, beliefs, and nature versus nurture. You will learn about your own personality and how you can use that information in career choices and to make changes. You will also learn about some personality disorders and how to pull all the information together to use it to your personal or career advantage.
<b>Value Added Faculty with EMP Code</b>	Dr Usman Khan
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	15 <sup>th</sup> Jan to 26 <sup>th</sup> April, 2022
<b>Time slots as per timetable</b>	11:00AM to 11:30AM
<b>Poster*</b>	 <p><b>Sushant University</b>   School of Health Sciences Erstwhile Ansal University Gurugram</p> <p><b>Value Added Course</b> <b>“Personality Development”</b> (Non-Credited Course)</p> <p><b>15th January to 26th April, 2022</b></p> <p><b>Course Coordinator</b> <b>Dr. Usman Khan</b></p> <p><b>OPEN TO ALL SHS STUDENTS</b></p> <p><b>Duration: 30hrs.</b> <b>Platform: Online</b></p> <p><b>Registration link: <a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a></b></p>
<b>Online link</b>	<a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>
<b>No. of Students* (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)</b>	<p>B.Pharmacy - 31 Students          BMLT - 4 Students          BCVT - 7 Students          BOPT - 10 Students          BMRIT - 8 Students          BSc Psychology - 17 Students</p>



*Handwritten signature and blue ink stamp of the School of Health Sciences, Sushant University, Gurugram.*

<p><b>Photograph-1*</b></p>	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>Upon successful completion of the course, the students should be able to:</p> <ul style="list-style-type: none"> <li>● To develop self-awareness and understanding of one's personality traits, strengths, and weakness.</li> <li>● To improve communication skills for effective expression and active listening</li> <li>● To enhance emotional intelligence for self-regulation, empathy, and building healthy relationship.</li> <li>● To foster leadership qualities and skill for effective decision-making and influencing others.</li> <li>● To cultivate interpersonal skills for effective teamwork, conflict</li> </ul>
<p><b>Outcome*</b></p>	<p>Individuals begin by analyzing their strengths, weaknesses, and values through self-reflection and assessments. They then develop effective communication skills, encompassing both verbal and non-verbal aspects, via presentations, role plays, and group discussions. Emotional intelligence techniques are applied for emotion management, conflict resolution, and relationship building. Leadership theories guide them in leading and motivating others in various contexts. Additionally, interpersonal skills are utilized to foster positive relationships, resolve conflicts, and promote collaboration. This comprehensive approach equips individuals for success in both personal and professional domains.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Dr Usman Khan</p>



Director  
 School of Health Sciences  
 Sushant University (Fest. International University)  
 Eastern, Delhi - 110029

# Value Added Course–Personality Development

Even Semester 2021-22

School of Health Sciences


- Gap Analysis
- Self-awareness: I have a basic understanding of my strengths, weaknesses, values, and beliefs.
- Emotional Intelligence: I can identify and manage my emotions reasonably well, but I struggle with empathy and understanding others.
- Communication Skills: I can express my thoughts and ideas effectively, but I need improvement in active listening and non-verbal communication.
- Confidence: I am confident in some areas of my life, but I lack self-confidence in certain situations or when facing new challenges.
- Time Management: I struggle to prioritize tasks and often find myself procrastinating or feeling overwhelmed.
- Resilience: I tend to get discouraged easily and find it challenging to bounce back from setbacks.
- Conflict Resolution: I avoid conflicts and have difficulty in resolving conflicts in a constructive manner.
- Assertiveness: I have trouble asserting myself and expressing my needs and boundaries.
- Desired State:
- Self-awareness: I want to develop a deep understanding of my strengths, weaknesses, values, and beliefs and how they impact my behavior and relationships.
- Emotional Intelligence: I aim to enhance my empathy and ability to understand and connect with others emotionally.
- Communication Skills: I want to improve my active listening skills, non-verbal communication, and the ability to convey my thoughts clearly and assertively.
- Confidence: I aim to build self-confidence in all areas of my life, especially when facing new challenges and unfamiliar situations.
- Time Management: I want to develop effective strategies for prioritizing tasks, managing my time efficiently, and overcoming procrastination.
- Resilience: I want to cultivate resilience and develop the ability to bounce back from setbacks, adapt to change, and maintain a positive mindset.
- Conflict Resolution: I aim to learn constructive conflict resolution techniques and develop the skills to address conflicts calmly and find mutually beneficial solutions.
- Assertiveness: I want to enhance my assertiveness skills, learn to express my needs and boundaries clearly, and stand up for myself when necessary.



Director  
School of Health Sciences  
Sushant University, Gurugram, Haryana  
Sector 55, Gurugram, Haryana

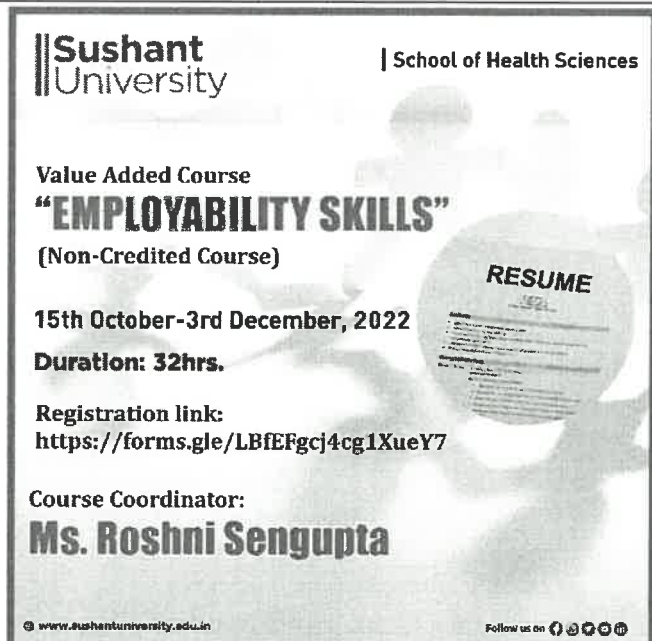
- Action Plan:
- Self-awareness: Engage in self-reflection exercises, journaling, and seek feedback from trusted individuals to gain deeper insights into myself.
- Emotional Intelligence: Practice active empathy by listening attentively, observing others' emotions, and engaging in perspective-taking exercises.
- Communication Skills: Enroll in a communication skills workshop or course, practice active listening, and seek opportunities to engage in constructive conversations.
- Confidence: Set small achievable goals, celebrate successes, and gradually expose myself to new challenges to build confidence over time.
- Time Management: Create a schedule or to-do list, prioritize tasks based on importance and deadlines, and use techniques like the Pomodoro Technique to stay focused.
- Resilience: Develop a growth mindset, practice self-care, engage in positive self-talk, and seek support from friends, family, or a therapist when facing challenges.
- Conflict Resolution: Learn conflict resolution techniques through books, workshops, or online resources, and practice active listening, empathy, and finding win-win solutions.
- Assertiveness: Seek assertiveness training, practice expressing my needs and boundaries in everyday situations, and gradually take on more challenging assertiveness exercises



  
Director  
School of Health Sciences  
Sushant University (erstwhile Ansal University)  
Sector 14, Gurgaon, Haryana


**A Report on-  
Value Added Course Report-  
Employability Skills (22SHS-VA01)**

**By  
School of Health Sciences, Sushant University**

<b>Objective*</b>	These are non-technical skills that play a significant part in contributing to the individual's effective and successful participation in the workplace. These are also known as Soft skills, generic skills, enabling skills or key competencies. These are a set of Achievements – Skills, Understandings and Attributes – that make Individuals to gain Employment and be Successful in their chosen occupations.
<b>Value Added Faculty with EMP Code</b>	Ms. Roshni Sengupta
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	15 <sup>th</sup> Oct to 3 <sup>rd</sup> Dec, 2022
<b>Time slots as per timetable</b>	10:00AM to 11:00AM
<b>Poster*</b>	
<b>Online link</b>	<a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 27 Students BMLT - 3 Students BCVT - 3 Students BOPT - 8 Students BMRIT - 6 Students BSc Psychology - 12 Students



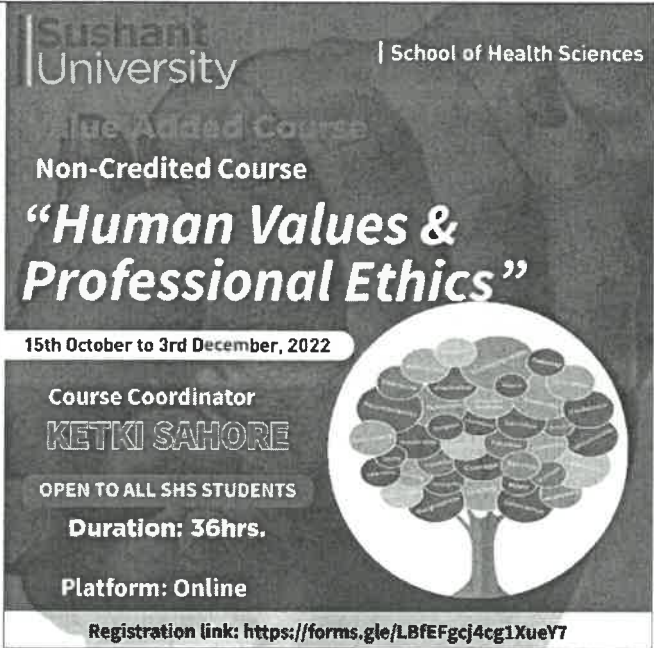
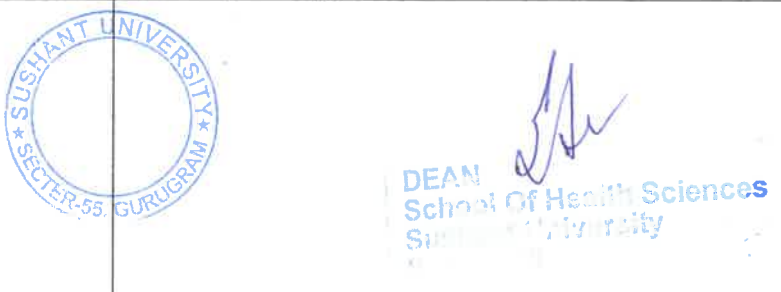
DEAN  
School Of Health Sciences  
Sushant University  
Sector- 55

<p><b>Photograph-1*</b></p>	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>This course on fundamentals of employability aims to:</p> <ul style="list-style-type: none"> <li>• comprehensively prepare you to build your CV</li> <li>• guide you on which skills to list in your resume</li> <li>• teach you other etiquette in writing an email for job vacancy</li> <li>• achieve better professional development and importance of career path.</li> </ul>
<p><b>Outcome*</b></p>	<p>To navigate a successful career journey, it's vital to start by comprehending the motivations driving your career choices and preferences. Simultaneously, identify the skills you can offer while being aware of your current skill gaps, which is essential for targeted self-improvement. Recognizing opportunities for career advancement, both within your current organization and in broader contexts, is crucial. Additionally, crafting effective summaries of your achievements and skills tailored to prospective employers or academic institutions is key to showcasing your qualifications. Mastering face-to-face interactions, such as interviews and presentations, is equally essential. Lastly, harnessing and maximizing your professional network, both online and offline, can open doors to new opportunities and collaborations, further enhancing your career trajectory.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Ms. Roshni Sengupta</p>




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 Sushant University  
 Sector 55

**Value Added Course Report-**  
**Human values and Professional ethics ( 22SHS-VA02)**

<b>Objective*</b>	This course intends to provide a broad view regarding the principles and concepts of human values and ethics. This course comprises the aspects of professional ethics in education and emerging digital healthcare. This will enable students to develop emotional intelligence which helps them to understand ethical perspectives and ethical issues and serve the society.
<b>Value Added Faculty with EMP Code</b>	KETKI SAHORE
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	15 <sup>th</sup> Oct to 3 <sup>rd</sup> Dec, 2022
<b>Time slots as per timetable</b>	10:00AM to 11:00AM
<b>Poster*</b>	
<b>Online link</b>	<a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 28 Students BMLT - 3 Students BCVT - 4 Students BOPT - 8 Students BMRIT - 5 Students BSc Psychology - 11 Students
<b>Photograph-1*</b>	



	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>The broad objectives of this course are to</p> <ul style="list-style-type: none"> <li>• Provide comprehensive knowledge to the students regarding the principles and concepts of human values and ethics.</li> <li>• Assess a new idea and the rationale to contribute for social awareness in public regarding the ethical issues that can be encountered in public relations, corporate communication and society</li> <li>• Able to develop an understanding of the ethical perspectives, ethical issues, ways of understanding and overcoming the ethical dilemmas.</li> <li>• After the course you will be able to learn about ethics in general.</li> </ul>
<p><b>Outcome*</b></p>	<p>To navigate a well-rounded path in life, it's essential to first grasp the significance of human values and ethics, particularly in the contexts of education and healthcare. This understanding forms the foundation for fostering healthy relationships and societal harmony, while also promoting a balanced coexistence with our environment. Moreover, recognizing the importance of emotional intelligence plays a pivotal role in establishing trust and authenticity within our interpersonal connections and broader endeavors.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>KETKI SAHORE</p> <p>DEAN School Of Health Sciences Sushant University Sector-55</p>

## GAP ANALYSIS

Value Added Course Name: Human values and Professional ethics

Offered in: Odd 2022-23

Offered for: All SHS students

### Gaps Identified:

Gap1- Students fail to understand Ethics code and principles of human values and key branches of ethics., also fails to understand own moral and ethical values

Gap2- Students fails to recognize Code of professional ethics, and Professional ethics in healthcare, emerging professional ethics in digital healthcare

Gap3- There is a need for emotional intelligence and Relationship management for Building trust and empathy among Students.

Gap4- Students fail to identify the Importance of harmony in nature, Ecosystem-balance, care and nourishment. There is a need to learn Sustainability-The three R's rule.

### Motivation behind offering this course as a Value Added course

- Provide comprehensive knowledge to the students regarding the principles and concepts of human values and ethics.
- Assess a new idea and the rationale to contribute for social awareness in public regarding the ethical issues that can be encountered in public relations, corporate communication and society
- Able to develop an understanding of the ethical perspectives, ethical issues, ways of understanding and overcoming the ethical dilemmas.
- Students will be able to learn about Significance of emotional intelligence to build trust
- Students will be able to learn Positive attitude towards life, developing resilience and adaptability

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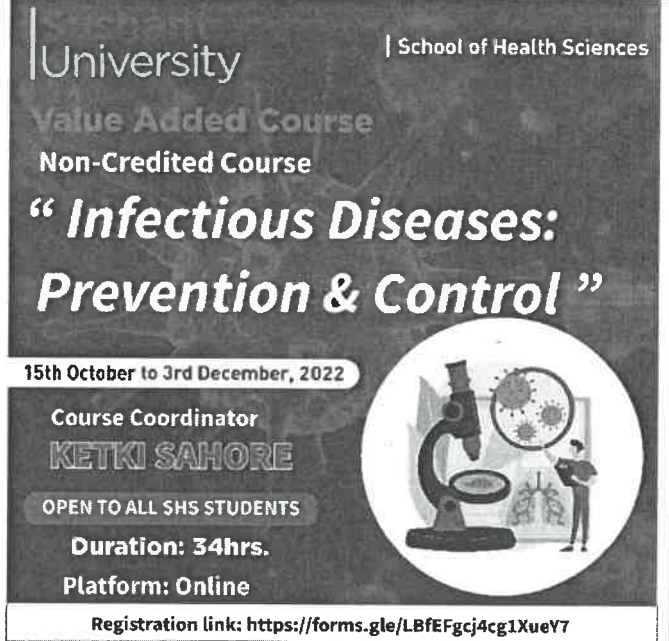

Value Added Coordinator




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School Of Health Sciences  
Sushant University  
Sector- 55  
Gurgaon


**Value Added Course Report-**  
**Infectious Diseases: Prevention & Control (22SHS-VA03)**

<b>Objective*</b>	This course intends to provide a broad view of the content and structure of the institution of IPR along with its history and evolution. Particularly, the course will comprise the aspects of intellectual property rights, various technical and legal horizon of IPR, and implications of IPR for intellectual growth and development along with its socio-economic and ethico-legal consequences of IPR on global economy. Several case studies will be undertaken in the context of India.
<b>Value Added Faculty with EMP Code</b>	KETKI SAHORE
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	15 <sup>th</sup> Oct to 3 <sup>rd</sup> Dec, 2022
<b>Time slots as per timetable</b>	10:00AM to 11:00AM
<b>Poster*</b>	
<b>Online link</b>	<a href="https://forms.gle/LBfEFgcj4cg1XueY7">https://forms.gle/LBfEFgcj4cg1XueY7</a>
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 26 Students BMLT - 3 Students BCVT - 5 Students BOPT - 9 Students BMRIT - 4 Students BSc Psychology - 12 Students
<b>Photograph-1*</b>	

	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>The broad objectives of this course are to</p> <ul style="list-style-type: none"> <li>• Provide comprehensive knowledge to the students regarding the principles and concepts of infectious diseases.</li> <li>• Inculcate learning of symptoms, causes, control and prevention of infectious diseases.</li> <li>• Assess a new idea and the rationale to contribute for social awareness in public regarding infectious diseases and ensure maintenance of hygiene in surroundings.</li> </ul>
<p><b>Outcome*</b></p>	<p>In understanding and addressing infectious diseases, it's crucial to identify various symptoms, recognize their specific causes, and comprehend control methods and preventive measures to curtail their spread. Additionally, it's essential to emphasize the significance of maintaining hygienic conditions as a fundamental aspect of disease prevention and overall public health.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>KETKI SAHORE</p>



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## GAP ANALYSIS

Value Added Course Name: Infectious disease and its prevention  
Offered in: Odd 2022-23  
Offered for: All SHS students

Gaps Identified:

Gap1- Students fail to differentiate between infectious disease and non-infectious disease and types of infectious disease.

Gap2- Students fail to identify the symptoms, causes of infectious diseases and stages of development of infectious disease.

Gap3- Students fail to find gap Causes, Symptoms, Control & Prevention of Air borne , food borne, vector borne infectious disease.

Gap4- Students fail to identify the symptoms, causes of infectious diseases and stages of sexually transmitted infectious disease

Motivation behind offering this course as a Value Added course

- Provide comprehensive knowledge to the students regarding the principles and concepts of infectious diseases.
- Inculcate learning of symptoms, causes, control and prevention of infectious diseases.
- Assess a new idea and the rationale to contribute for social awareness in public regarding infectious diseases and ensure maintenance of hygiene in surroundings.
- Helps the students to learn the control methods and preventive measures to avoid spread of disease
- Helps the students to learn the importance of hygienic conditions need to be maintained for a healthy lifestyle.



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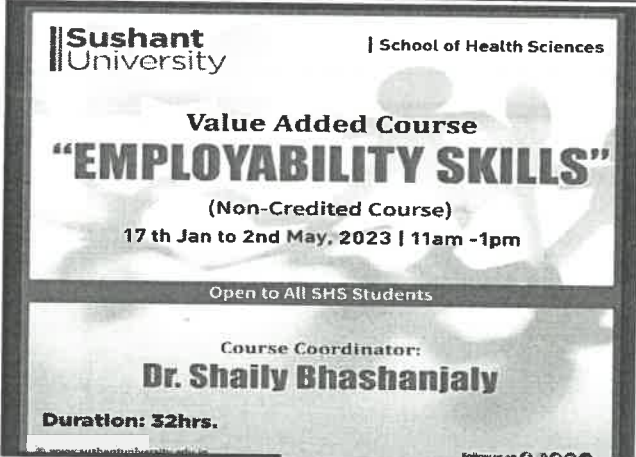
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Value Added Coordinator

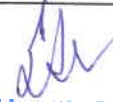
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Sushant University  
Sector- 35  
gurugram Haryana

**Value Added Course Report-  
Employability skills**

<b>Objective*</b>	Soft skills are non-technical skills or attributes that are important for success in the workplace and in various aspects of life. They are also referred to as generic skills, enabling skills, or key competencies. These skills, understandings, and attributes are essential for individuals to not only secure employment but also thrive in their chosen careers. Soft skills can include things like communication, teamwork, problem-solving, adaptability, leadership, time management, and interpersonal skills. These skills are often seen as complementary to technical or hard skills and are valued by employers because they contribute to an individual's overall effectiveness and ability to work well with others.
<b>Value Added Faculty with EMP Code</b>	Dr Shaily Bhashanjaly
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	17 <sup>th</sup> Jan to 2 <sup>nd</sup> May, 2023
<b>Time slots as per timetable</b>	11:00AM to 12:45PM
<b>Poster*</b>	
<b>Online link</b>	NA
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 28 Students BMLT - 3 Students BCVT - 6 Students BOPT - 9 Students BMRIT - 5 Students BSc Psychology - 15 Students



  
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 School Of Health Sciences  
 Sushant University  
 Sector-55

<p><b>Photograph-1*</b></p>	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>This course on fundamentals of employability aims to:</p> <ul style="list-style-type: none"> <li>● comprehensively prepare you to build your CV</li> <li>● guide you on which skills to list in your resume</li> <li>● teach you other etiquette in writing an email for job vacancy</li> <li>● achieve better professional development and the importance of a career path.</li> </ul>
<p><b>Outcome*</b></p>	<p>To excel in your career, it's essential to understand the motivations driving your choices, identify your skills and gaps, seek opportunities for growth, craft compelling summaries of your achievements, perform effectively in interviews and presentations, and leverage your professional network, both online and offline. These actions collectively contribute to a well-rounded and successful career journey, encompassing self-awareness, skill development, opportunity recognition, effective communication, and networking.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Dr Shaily Bhashanjaly</p> 



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Sushant University  
Sector 15

**Value Added Course– Employability Skills**

**Even Semester 2023**

**School of Health Science**

**Gap Analysis**

The students lack the ability to express effectively about their skills and strength. Communication skills – Verbal and Non Verbal are not impressive and fails to create impact for success.

The confidence and ability to steer through inter-personal situations is inadequate.

The ability to analyse and think critically and creatively is lacking. There is a clear tendency towards linear thinking and predictable responses. There is a need to cultivate and orient the students towards an attitude of innovative thinking and innovation-orientation.

The prospective employer's expectations are not met as the students are unable to effectively deal with the interview questions.

The introduction of value added course on employability skills is much required as these skills can be transferred through experiential learning- role plays, Case studies, GDs, Mock Interviews, practice sessions with simulation exercises.

*Dr. Shaily*

*Value Added faculty*

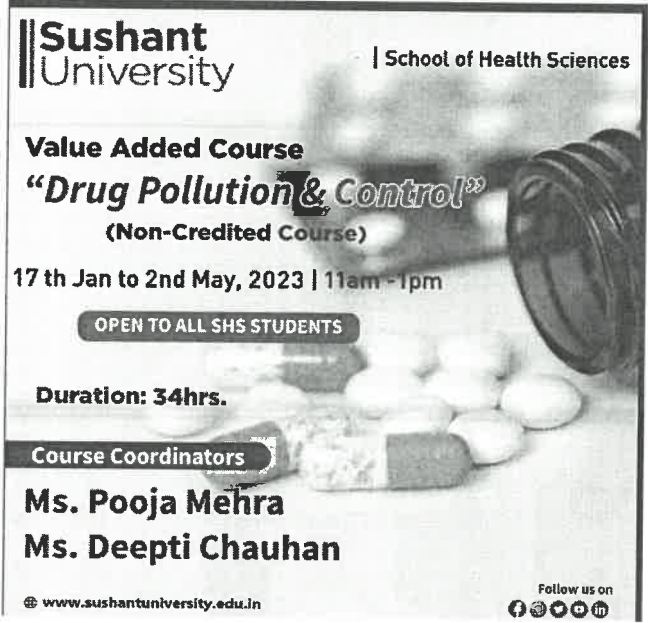
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DEAN  
School Of Health Sciences  
Sushant University  
Sector- 55  
gurugram, Haryana




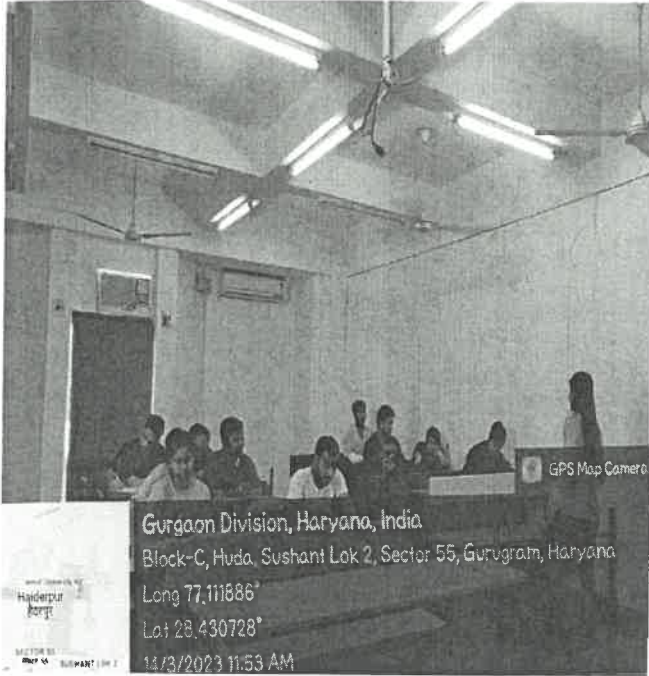


**Value Added Course Report -**  
**Drug Pollution / Pharmaceutical Pollution & Control**

<b>Objective*</b>	To provide knowledge about proper disposal of pharmaceuticals, exposure and effect on health, and to minimise pharmaceutical pollutions.
<b>Value Added Faculty with EMP Code</b>	Ms.Pooja Mehra(SU0818), Ms.Deepti Chauhan(SU0836)
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	17 <sup>th</sup> Jan to 2 <sup>nd</sup> May, 2023
<b>Time slots as per timetable</b>	11:00AM to 12:45AM
<b>Poster*</b>	 <p><b>Sushant University</b>   School of Health Sciences</p> <p><b>Value Added Course</b> <b>“Drug Pollution &amp; Control”</b> (Non-Credited Course)</p> <p>17 th Jan to 2nd May, 2023   11am - 1pm</p> <p><b>OPEN TO ALL SHS STUDENTS</b></p> <p><b>Duration: 34hrs.</b></p> <p><b>Course Coordinators</b> <b>Ms. Pooja Mehra</b> <b>Ms. Deepti Chauhan</b></p> <p>www.sushantuniversity.edu.in</p> <p>Follow us on [Facebook] [Instagram] [Twitter] [LinkedIn]</p>
<b>Online link</b>	NA
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	BPharm – 55 Students BOPT – 2 Students BCVT – 8 Students BMRIT – 16 Students BSc.Psychology – 12 Students BMLT – 20 Students



  
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<p><b>Photograph-1*</b></p>	 <p>Gurgaon Division, Haryana, India Block-C, Huda, Sushant Lok 2, Sector 55, Gurugram, Haryana Long 77.111886° Lat 28.430728° 14/3/2023 11:53 AM</p>
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>It helps in the understanding the proper disposal of pharmaceuticals in identifying the drug pollutants and their adverse effect on environment and health.</p> <p>Also helps in knowing how drug pollution can be prevented and controlled, Social awareness on drug use and also in Promoting research and development.</p>
<p><b>Outcome*</b></p>	<p><i>After completion of the course the students</i></p> <p>Understand the proper disposal of pharmaceuticals Identify the drug pollutants and their adverse effect on environment and health Prevention and control of drug pollution Social awareness on drug use Promote research and development</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Ms. Deepti Chauhan</p>



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## GAP ANALYSIS

**Value Added Course Name** - Drug Pollution & Control

**Offered in** - Even Semester 2022-23

**Offered for** - School of Health Sciences Students

### **Gaps identified:**

**Gap 1** – Students did not have the knowledge of drug pollution.

**Gap 2**- Students fail to explain proper disposal of drugs and its packaging's.

**Gap 3**- Students did not have the knowledge of adverse effects of drugs waste on the environment.

**Gap 4**- Students fail to explain the disposal of expired drugs and medicines.

**Gap 5**- Students fail to explain the control of drug pollution.

### **MOTIVATION BEHIND OFFERING THIS COURSE AS VALUE ADDED COURSE**

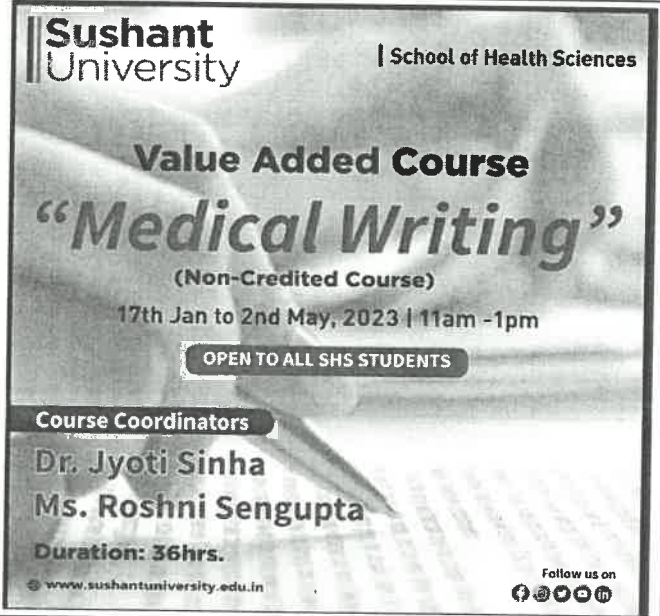
- As the world's population continues to expand, pharmaceutical products – generally drugs and chemical-based care products have continued to become more prevalent. Their significance in modern life cannot be underestimated, but then again, their use and disposal is bringing about massive concerns in regard to environmental pollution.
- A number of studies have indicated that Oestrogen and chemicals that behave like it, have a feminizing effect on male fish and can alter female-to-male ratios. Such Oestrogen can be found in birth control pills and postmenopausal hormone treatments.
- The chemicals present in these pharmaceuticals, find a way into waterways, after being excreted from the body or after being flushed down the toilet. Most municipal



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Sector-55



**Value Added Course Report-**

Basics of Medical Writing in Healthcare Professionals (22SHS-VA04)

<b>Objective*</b>	Medical writers are an indispensable part of the medico-marketing industry. They contribute to knowledge-based promotional campaigns and educational initiatives through their impactful medico-marketing materials.
<b>Value Added Faculty with EMP Code</b>	Dr. Jyoti Sinha & Ms. Roshni Sengupta
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	17 <sup>th</sup> Jan to 2 <sup>nd</sup> May, 2023
<b>Time slots as per timetable</b>	11:00AM to 12:45PM
<b>Poster*</b>	
<b>Online link</b>	NA
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 31 Students BMLT - 4 Students BCVT - 7 Students BOPT - 10 Students BMRIT - 8 Students BSc Psychology - 17 Students



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School of Health Sciences  
Sushant University

<p><b>Photograph-1*</b></p>	
<p><b>Brief Description (min 250 to max 800 words)*</b></p>	<p>This course on Medical-writing aims to:</p> <ul style="list-style-type: none"> <li>● to become a medical writer with sound scientific knowledge, efficient English writing skill</li> <li>● hones your creative potential and journalistic eye and helps you create incisive social media content strategies</li> <li>● Rapidly develop the core competencies of entry-level medical writers</li> <li>● Support the development of medical writers and reinforce key learning from current projects</li> <li>● Provide a forum to engage with peers and share experiences</li> </ul>
<p><b>Outcome*</b></p>	<p>This course helped students to understand the drivers behind your career preferences and choices</p> <p>Identify the skills which can offer and know current skills gaps. In constructing writing skills and confidence writing for journals and also in understanding editorial processes and what editors look for and to acquire best practices for submitting a paper and peer review.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Ms. Roshni Sengupta</p> 



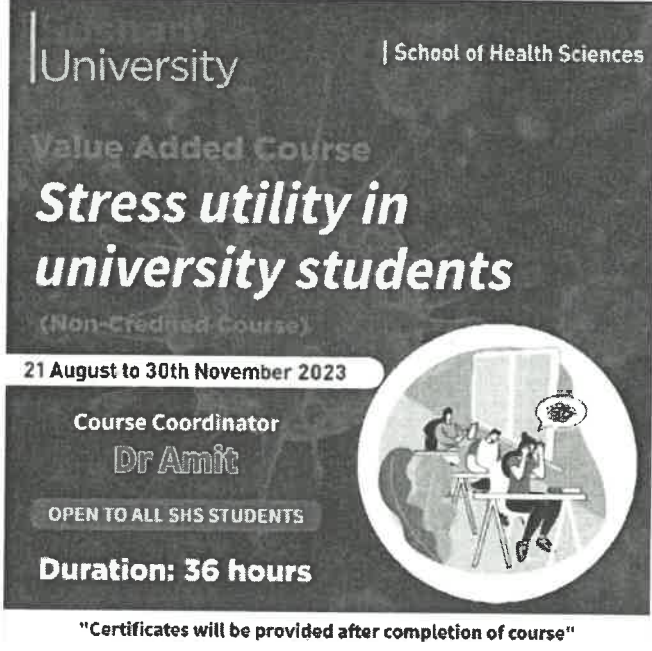

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Sector-55

**A Report on-  
Value Added Course Report-  
Stress Utility in University Students (VASHS006)  
By  
School of Health Sciences, Sushant University**

<b>Objective*</b>	<ul style="list-style-type: none"> <li>• To develop appreciation about human mind and behavior in the context of learners' immediate society and environment.</li> <li>• To increasing self-awareness about students' emotional and physical responses to stress. Recognizing the signs of stress can help individuals take early action to manage it.</li> <li>• To setting up the achievable goals and breaking them down into smaller tasks can prevent stress from mounting due to unrealistic expectations.</li> <li>• For Having a reliable support network of friends, family, or support groups can provide emotional support and understanding during stressful times.</li> </ul>
<b>Value Added Faculty with EMP Code</b>	Dr. Amit
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences



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**DEAN**  
**School Of Health Sciences**  
**Sushant University**  
**Sector-55**

Date	21 <sup>st</sup> August to 30 <sup>th</sup> Nov, 2023
Time slots as per timetable	09:10AM to 09:50AM and 04:10PM to 05:00PM
Poster*	
No. of Students* (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	<p>B. Pharmacy - 83 Students</p> <p>BMLT - 4 Students</p> <p>BCVT - 17 Students</p> <p>BOPT - 12 Students</p> <p>BMRIT - 11 Students</p> <p>B.Sc Psychology - 12 Students</p>
Photograph-1*	
Brief Description (min 250 to max 800 words)*	<p>The course deals with psychological knowledge and practices which are contextually rooted. It emphasizes the complexity of</p>



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Sector-55

	<p>behavioral processes and discourages simplistic cause-effect thinking. This is pursued by encouraging critical reasoning, allowing students to appreciate the role of cultural factors in behavior and illustrating how biology and experiences shape behavior.</p> <p>In the context of students, the term "stress utility" is not a standard phrase or concept. However, also discuss the significance of stress management and coping strategies for students who experience academic, social, and personal stressors during their educational journey.</p>
<p><b>Outcome*</b></p>	<ul style="list-style-type: none"> <li>• <b>CO1:</b> To develop in learners an appreciation of the nature of psychological knowledge and its application to various aspects of life.</li> <li>• <b>CO2:</b> Identify and practice healthy coping strategies to deal with stress, avoiding maladaptive behaviors like substance use or avoidance.</li> <li>• <b>CO3:</b> Practice mindfulness exercises to cultivate present-moment awareness and reduce stress associated with worrying about the future.</li> <li>• <b>CO4:</b> Understand the concept of resilience and learn how to cultivate resilience to better cope with stress and adversity.</li> <li>• <b>CO5:</b> To Develop effective time management skills to balance academic responsibilities, extracurricular activities, and personal life.</li> </ul>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by</b> <i>(write faculty coordinator name)</i></p>	<p>Dr. Amit</p>



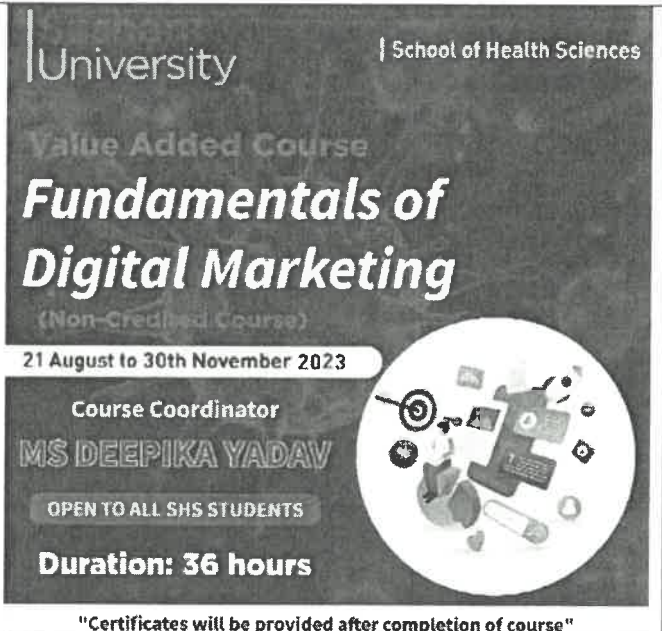
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School Of Health Sciences  
Sushant University  
Sector- 55

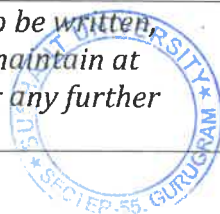


**A Report on-  
Value Added Course Report-  
Fundamentals of Digital Marketing (VASHS007)**

**By**

**School of Health Sciences, Sushant University**

<b>Objective*</b>	This course includes important aspect of Digital marketing as tool to grow the business. Digital marketing is a vast field encompassing various strategies to promote products or services using digital technologies. The objective of this course is to use digital marketing to promote the growth of products it familiarizes students with its basics and fundamental components, techniques and tools. It aims to impart the learner with the key features of Digital Marketing, Search Engine Optimization (SEO), and Video Marketing
<b>Value Added Faculty with EMP Code</b>	Ms. Deepika Yadav
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences
<b>Date</b>	21 <sup>st</sup> Aug to 30 <sup>th</sup> Nov, 2023
<b>Time slots as per timetable</b>	9:00AM to 10:00AM & 4:00PM to 5:00PM
<b>Poster*</b>	 <p>The poster is for the 'Value Added Course Fundamentals of Digital Marketing (Non-Credited Course)' at Sushant University, School of Health Sciences. It runs from 21 August to 30th November 2023. The course coordinator is MS DEEPIKA YADAV. The course is open to all SHS students and has a duration of 36 hours. A note at the bottom states: 'Certificates will be provided after completion of course'.</p>
<b>Online link</b>	Compulsory for all Final year B.pharmacy students
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	B.Pharmacy - 36 Students



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Sector- 55

**Photograph-1\***



**Brief Description (min 250 to max 800 words)\***

This course on fundamentals of digital marketing aims to:

Absolutely, digital marketing is a vast field encompassing various strategies to promote products or services using digital technologies. Here are some fundamental topics typically covered in a digital marketing course:

**Introduction to Digital Marketing:** Understanding what digital marketing is, its importance, and its evolution in the modern business landscape.

**Website Basics:** Learning about website creation, optimization, and the role of user experience (UX) and user interface (UI) in digital marketing.

**Search Engine Optimization (SEO):** Exploring strategies to improve a website's visibility in search engines like Google, including keyword research, on-page optimization, link building, and content strategies.

**Content Marketing:** Understanding the creation and distribution of valuable, relevant content to attract and retain a defined audience, often aligned with SEO.

**Social Media Marketing:** Leveraging social media platforms (e.g., Facebook, Instagram, Twitter) to engage audiences, build brand awareness, and run targeted advertising campaigns.

**Email Marketing:** Using emails as a marketing tool to nurture leads, communicate with customers, and drive conversions.

**Pay-Per-Click Advertising (PPC):** Learning about paid advertising models, such as Google Ads or Facebook Ads, and how to create effective ad campaigns.

**Analytics:** Utilizing tools like Google Analytics to track and measure the performance of digital marketing campaigns, interpreting data, and



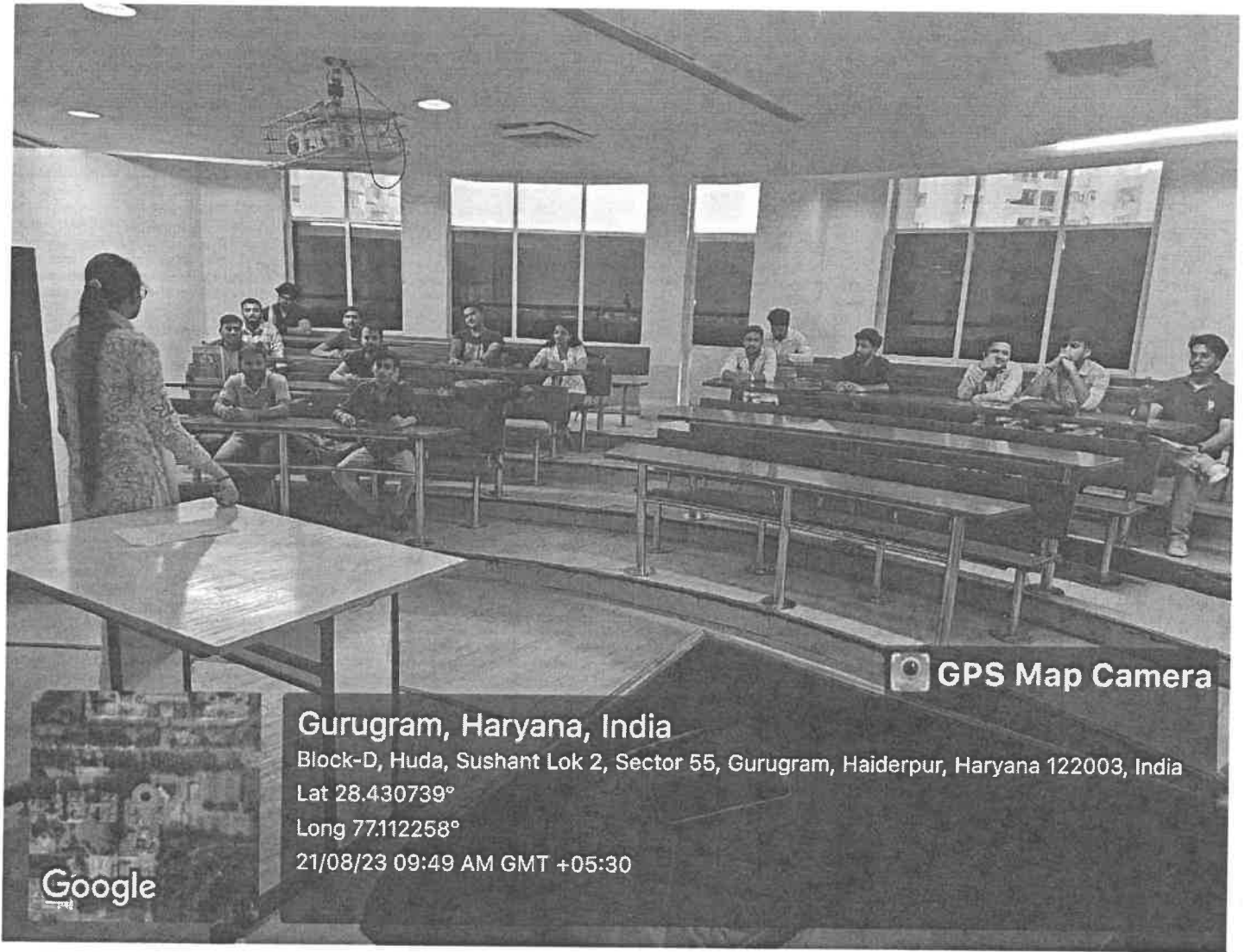
	<p>making data-driven decisions.</p> <p>Mobile Marketing: Understanding strategies to reach and engage audiences through mobile devices, including mobile-optimized websites and mobile apps.</p> <p>Digital Marketing Strategy: Developing comprehensive digital marketing plans, understanding target audiences, setting goals, and allocating resources effectively.</p>
<b>Outcome*</b>	<p>The course follows the pedagogy of growing use digital marketing to promote the growth of products it familiarizes students with its basics and fundamental components, techniques and tools. It aims to impart the learner with the key features of Digital Marketing, Search Engine Optimization (SEO), and Video Marketing</p>
<b>Attendance Sheet*</b>	Attached at the end of Report.
<b>Report Submitted by</b> ( <i>write faculty coordinator name</i> )	Ms. Deepika Yadav

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**Sushant University**  
**Sector- 55**





**VALUE ADDED COURSE PICTURES  
ODD & EVEN SEMESTER**



 GPS Map Camera

**Gurugram, Haryana, India**

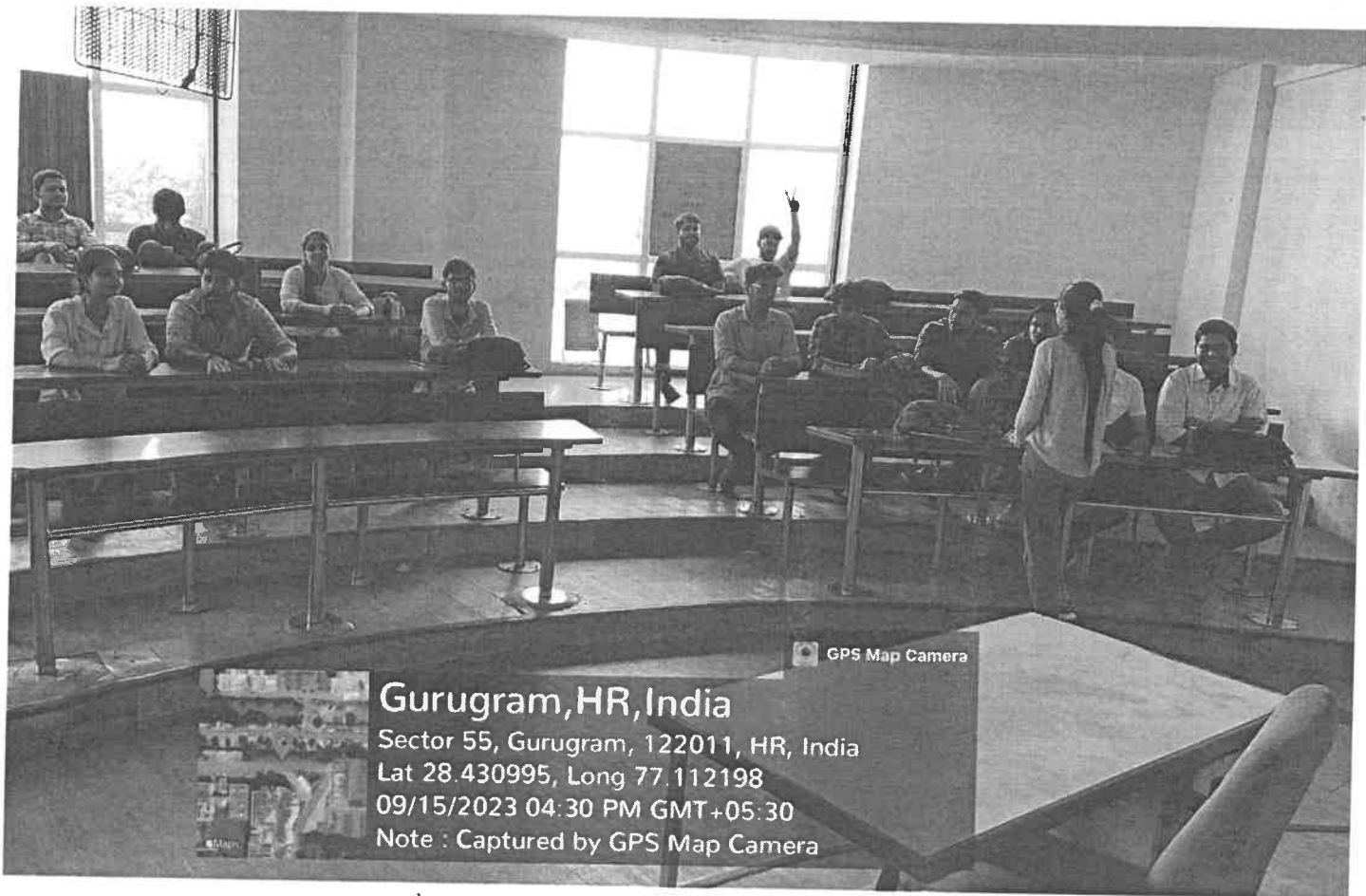
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**A Report on Value Added Course**  
**Advancements of Artificial Intelligence in the Healthcare**  
 By  
 School of Health Sciences, Sushant University

Title of Activity*	Value added course
<b>Objective*</b>	<ul style="list-style-type: none"> <li>● <b>Fundamental Understanding:</b> To help students understand the fundamentals of Artificial Intelligence (AI) and its relevance in the healthcare sector.</li> <li>● <b>AI Applications Exploration:</b> To explore the various applications of AI in disease diagnosis, predictive analytics, personalized medicine, treatment planning, and healthcare operations.</li> <li>● <b>AI Techniques Application:</b> To enable students to apply AI techniques in healthcare problem-solving scenarios effectively.</li> <li>● <b>Ethical Consideration Evaluation:</b> To evaluate the ethical considerations and challenges associated with the implementation of AI in healthcare.</li> <li>● <b>Critical Thinking Development:</b> To foster critical thinking among students about the future integration of AI in healthcare and its potential impact on patients, healthcare professionals, and healthcare systems.</li> </ul>
<b>Organized by (School/Centre Name)*</b>	School of Health Sciences, Sushant University
<b>Program Theme*</b>	Advancements of Artificial Intelligence in the Healthcare
<b>Date*</b>	8 <sup>th</sup> Jan 2024
<b>Time*</b>	9:00AM to 10:00AM, 12:00 to 1:00 PM
<b>Poster*</b>	



  
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University

Value Added Course

Non-Credited Course

**“Advancements of Artificial Intelligence in the Healthcare”**

Jan 8, 2024 - April 30, 2024

Course Instructor  
Ms Tsering Lamu Shongmu

Assistant Professor, SHS

Course Duration: 34 hours

Registration Link: <https://forms.gle/5UjKWPF4t589zdlj7>



<b>YouTube/Facebook Link:</b> <i>(if live steamed or video posted on FB/YT)</i>	NA
<b>Social media link</b> <i>(promoting in any one Facebook/Instagram/Twitter is mandatory)</i>	NA
<b>No. of Students*</b> <i>(only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)</i>	B.Pharm, CVT, MLT,BOPTOM.BMRIT
<b>No. of Faculty*</b> <i>(only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)</i>	1
<b>No. of External Participants (students+faculty)</b> <i>[write NA if not applicable]</i>	NA



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**Sushant University**  
**Sector-55**

**Brief Description (min 250 to max 800 words)\***

The majority of students maintained consistent attendance throughout the course, demonstrating their commitment to learning and engaging with the course material. Punctuality was also observed, with students arriving on time for lectures and participating actively in class activities. Students actively participated in class discussions, sharing their insights, asking questions, and contributing to the exploration of AI applications in healthcare. Their engagement in discussions showcased their interest, understanding, and critical thinking skills. Students enthusiastically participated in group activities, collaborating with their peers to solve problems, analyze case studies, and present their findings. These activities fostered teamwork, encouraged peer learning, and provided opportunities for students to apply AI techniques to real-world healthcare scenarios.



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<p><b>Outcome*</b></p>	<p>The "AI in Healthcare" course provided students with an extensive understanding of Artificial Intelligence's role and applications within the healthcare sector. The curriculum covered a range of topics from fundamental AI concepts to practical implementations across various healthcare domains.</p>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>
<p><b>Report Submitted by</b> <i>(write faculty coordinator name)</i></p>	<p>Ms Tsering Lamu Shongmu</p>

*(Signature)*  
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**School Of Health Sciences**  
**Sushant University**  
**Sector- 55**  
 Gandhinagar, New Delhi





## Report and Gap Analysis

**Value-Added Course Title:** Advancements of Artificial Intelligence in the Healthcare

**Core/Elective:** Elective

**Course code:** VASHS008

### Introduction

The course "AI in Healthcare" is designed to explore the application and impact of Artificial Intelligence (AI) in various healthcare domains. The course covers a range of topics, from basic AI concepts to its practical implementation in diagnostics, treatment, patient care, and healthcare operations. This report provides an analysis of the course content, pedagogy, and assessment methods, highlighting areas for improvement or enhancement.

### Analysis of Course Content

Strengths:

**Comprehensive Coverage:** The course covers a broad spectrum of AI applications in healthcare, from basic AI concepts to disease prediction and ethical considerations.

**Practical Relevance:** Topics like imaging systems in healthcare, disease prediction, and analysis are highly relevant and timely, reflecting current trends in healthcare technology.

**Ethical Considerations:** The inclusion of a module on ethical considerations and challenges in AI healthcare implementation demonstrates a holistic approach to the subject.

### Areas for Improvement:

**Deep Learning Emphasis:** While deep learning is mentioned in the first module, it could be further emphasized as it plays a crucial role in many AI applications in healthcare.

**Clinical Decision Support Systems (CDSS):** The course lacks content on CDSS, which are essential AI tools used for assisting healthcare professionals in clinical decision-making.

**Real-world Case Studies:** The course could benefit from the inclusion of real-world case studies showcasing successful AI implementations in healthcare settings.

### Pedagogical Analysis

Strengths:

**Interactive Learning:** The course incorporates classroom activities like group discussions, competitions, and quizzes, promoting interactive learning and student engagement.



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Practical Application: The focus on applying AI techniques in healthcare problem-solving scenarios encourages hands-on learning and skill development.

**Areas for Improvement:**

Online Resources: The course could make better use of online resources, such as AI healthcare platforms and tools, to provide students with practical experience.

Guest Lectures: Inviting experts from the field of AI in healthcare for guest lectures could provide valuable insights and enhance the learning experience.

**Assessment Methods**

**Strengths:**

Diverse Assessment: The course assessment includes assignments, presentations, quizzes, and a final assessment, providing a comprehensive evaluation of students' knowledge and skills.

Collaborative Assessment: Group discussions and competitions encourage collaborative learning and teamwork skills.

**Areas for Improvement:**

Feedback Mechanism: Implementing a robust feedback mechanism for assignments and presentations would help students understand their strengths and areas for improvement.

Practical Assessment: Including a practical assessment component where students apply AI techniques to real-world healthcare scenarios could enhance the assessment's relevance and authenticity.

**Gap Analysis Summary**

**Content Gaps:**

Lack of emphasis on deep learning and clinical decision support systems.

Absence of real-world case studies showcasing successful AI implementations.

**Pedagogical Gaps:**

Limited use of online resources and guest lectures.

Lack of a robust feedback mechanism for assessments.

**Assessment Gaps:**

Absence of a practical assessment component.

Need for a more comprehensive feedback mechanism.

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## Recommendations

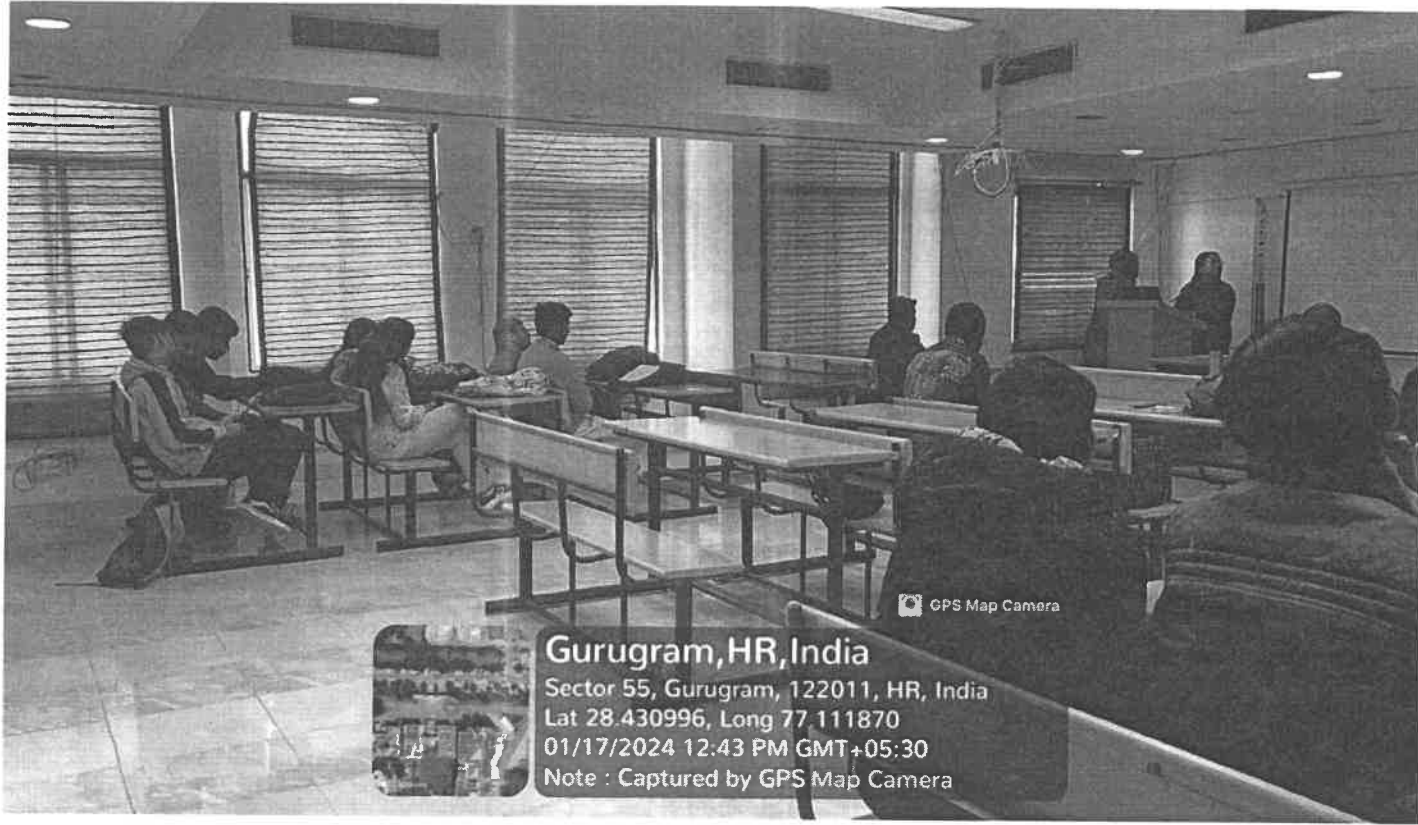
Content Enhancement: Update the course content to include more in-depth coverage of deep learning, clinical decision support systems, and real-world case studies.

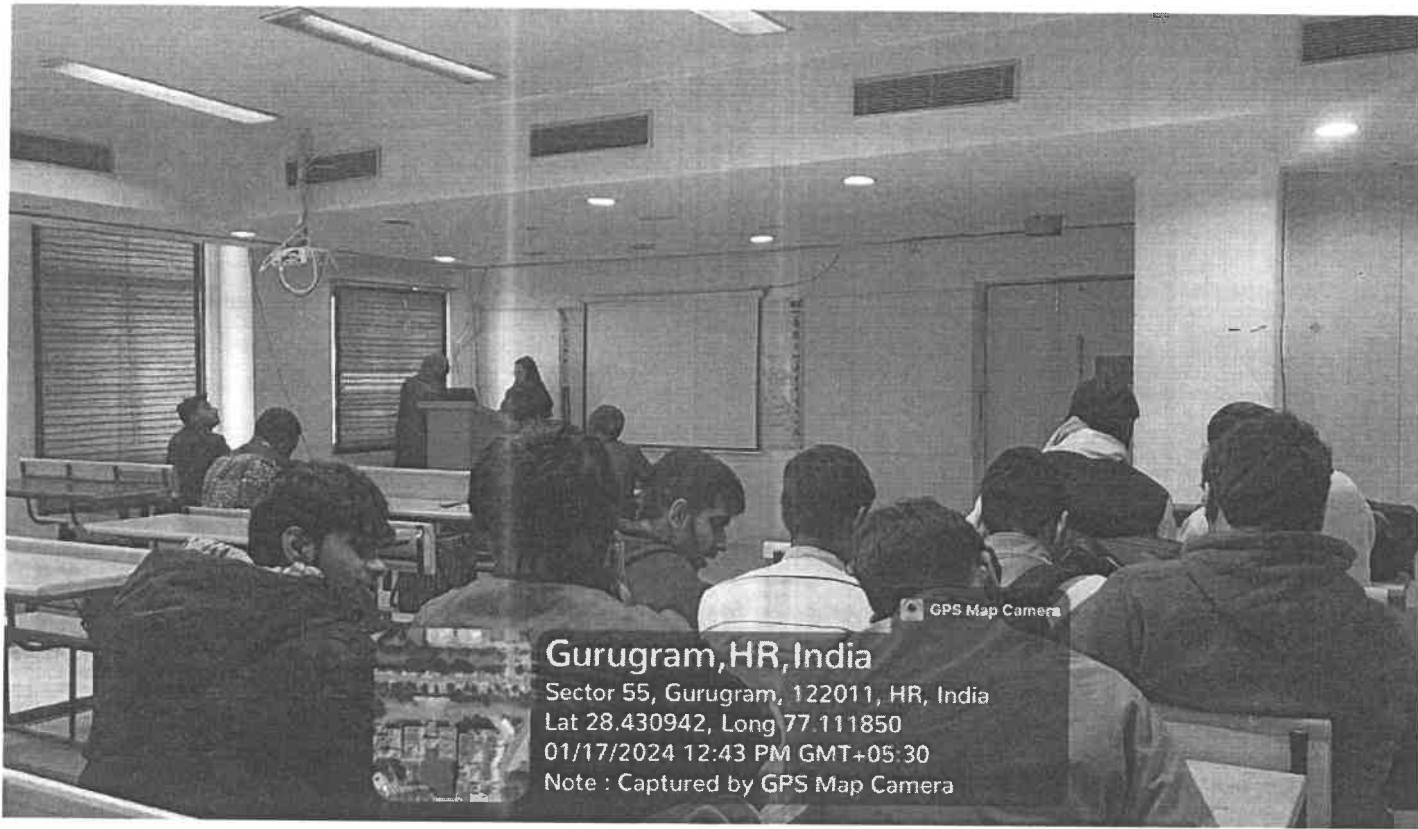
Pedagogical Improvement: Incorporate more online resources, guest lectures, and a robust feedback mechanism to enhance the learning experience.

Assessment Enhancement: Introduce a practical assessment component and improve the feedback mechanism to provide a more comprehensive evaluation of students' skills and knowledge.

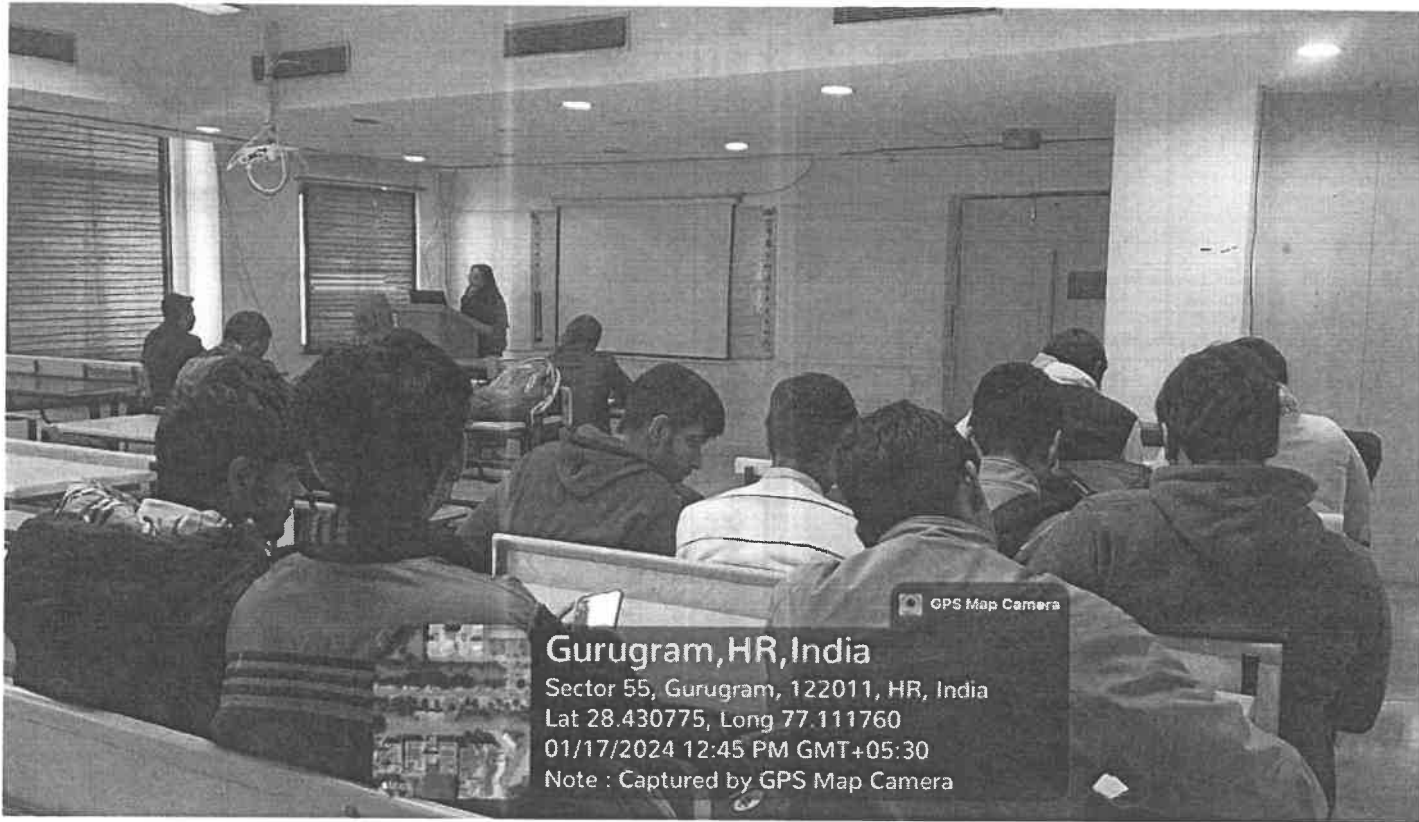
  
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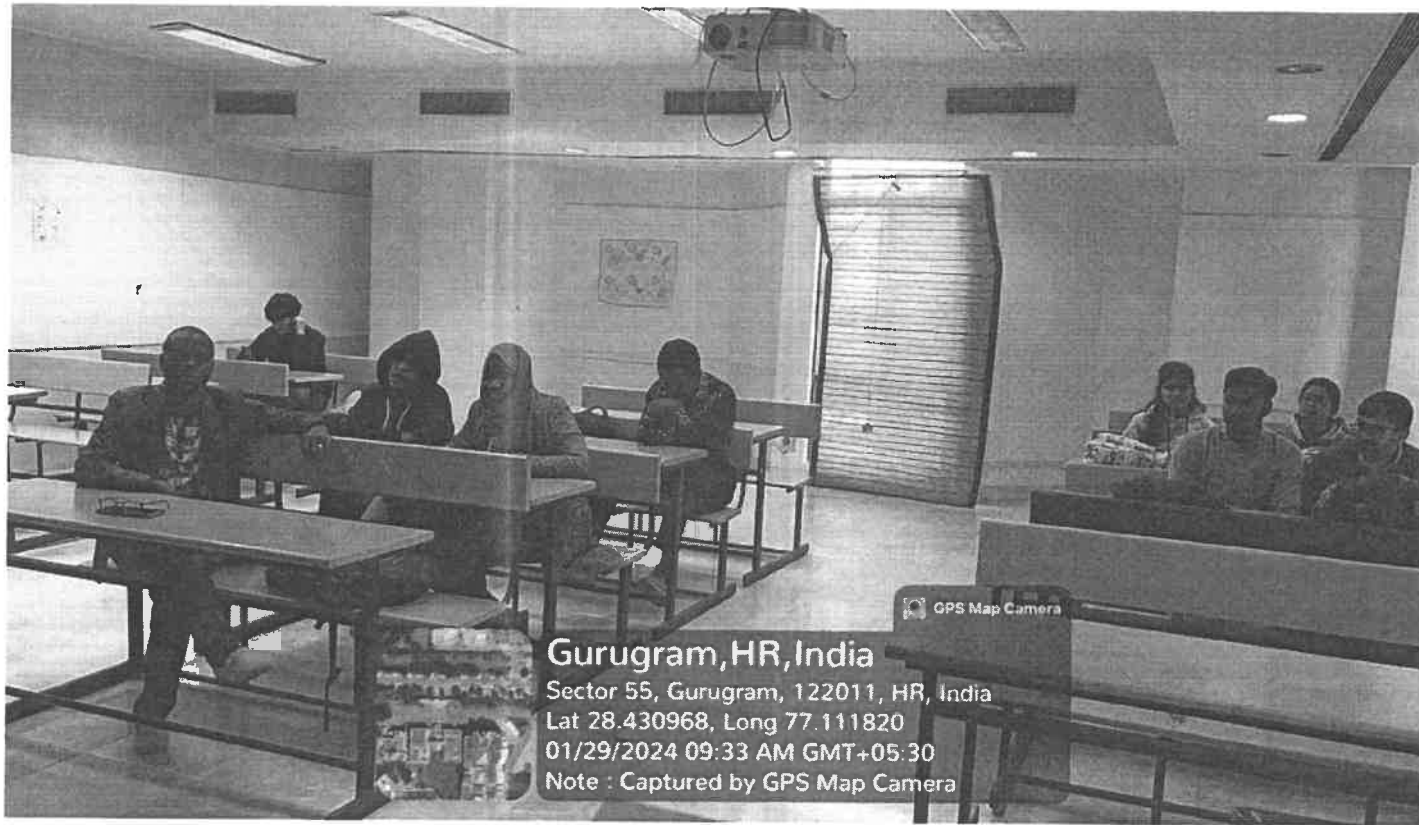


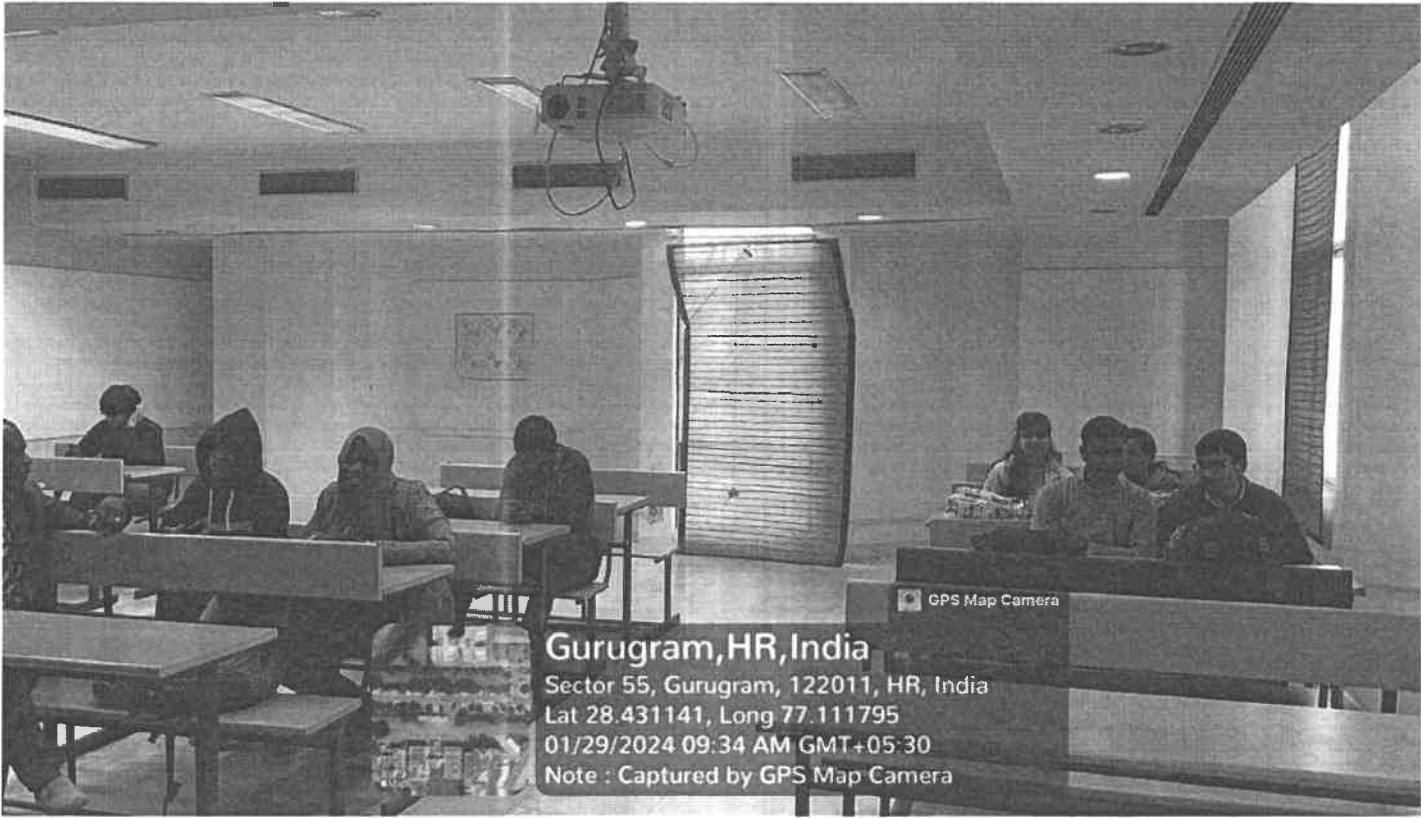


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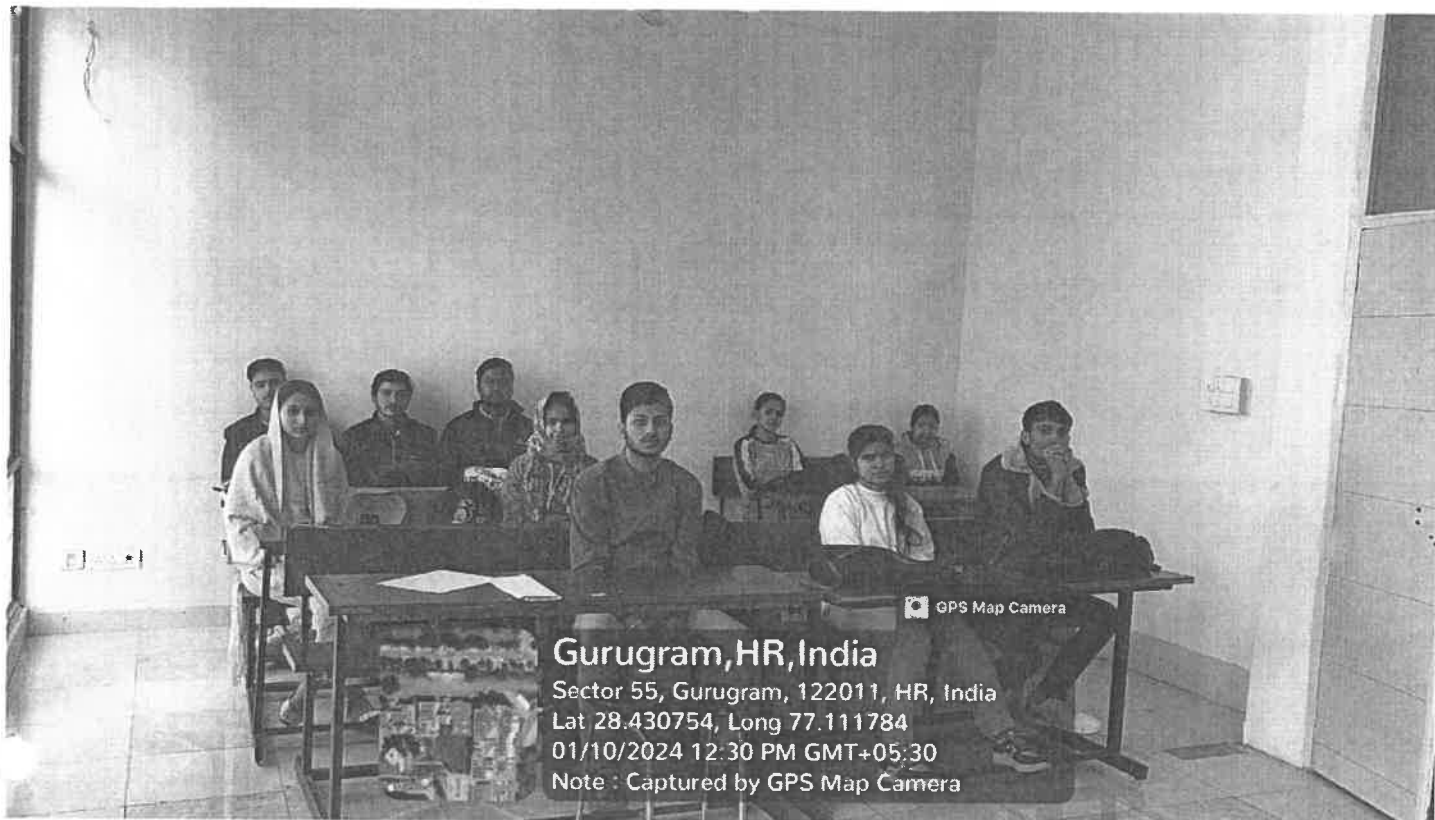
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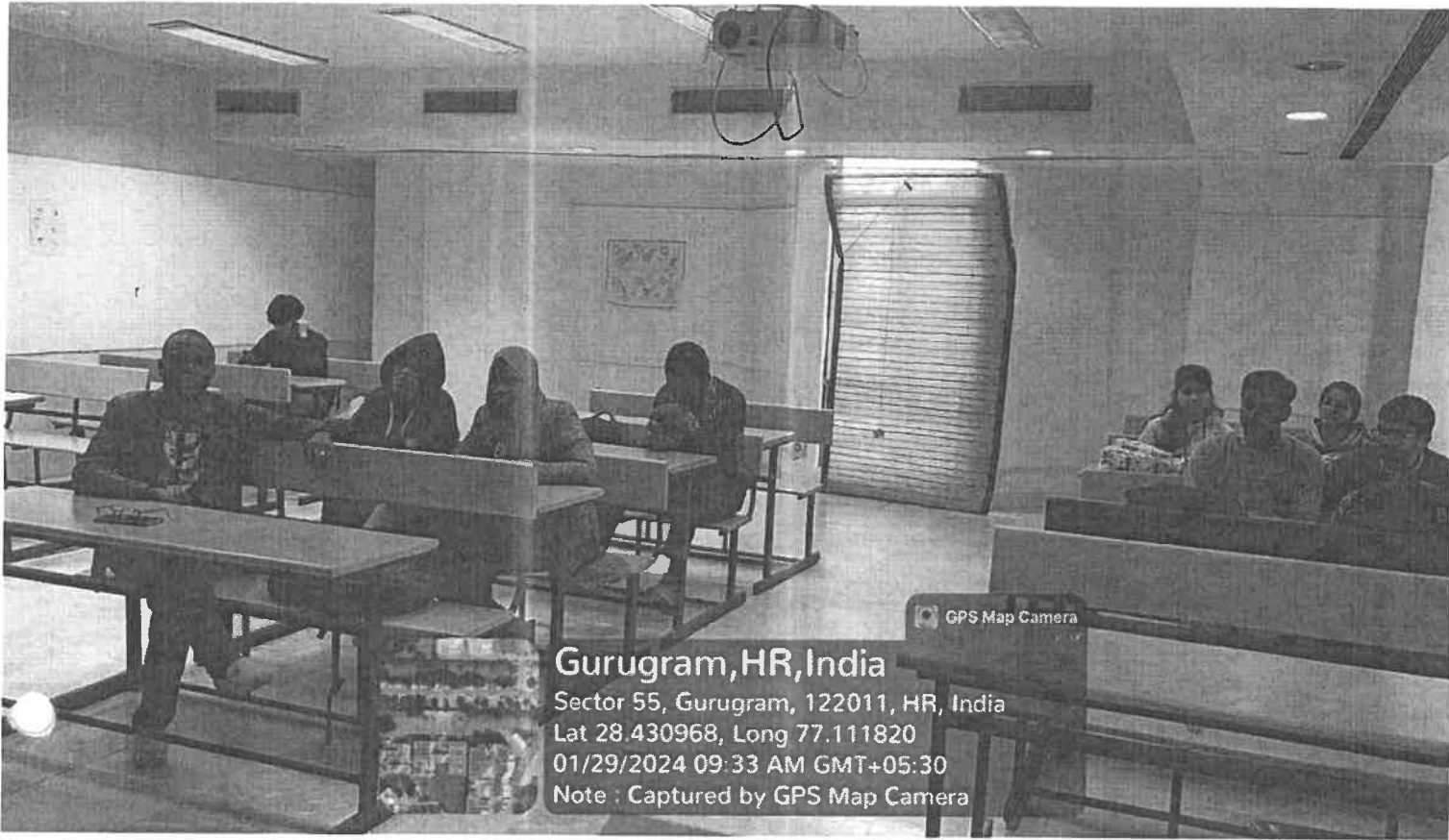
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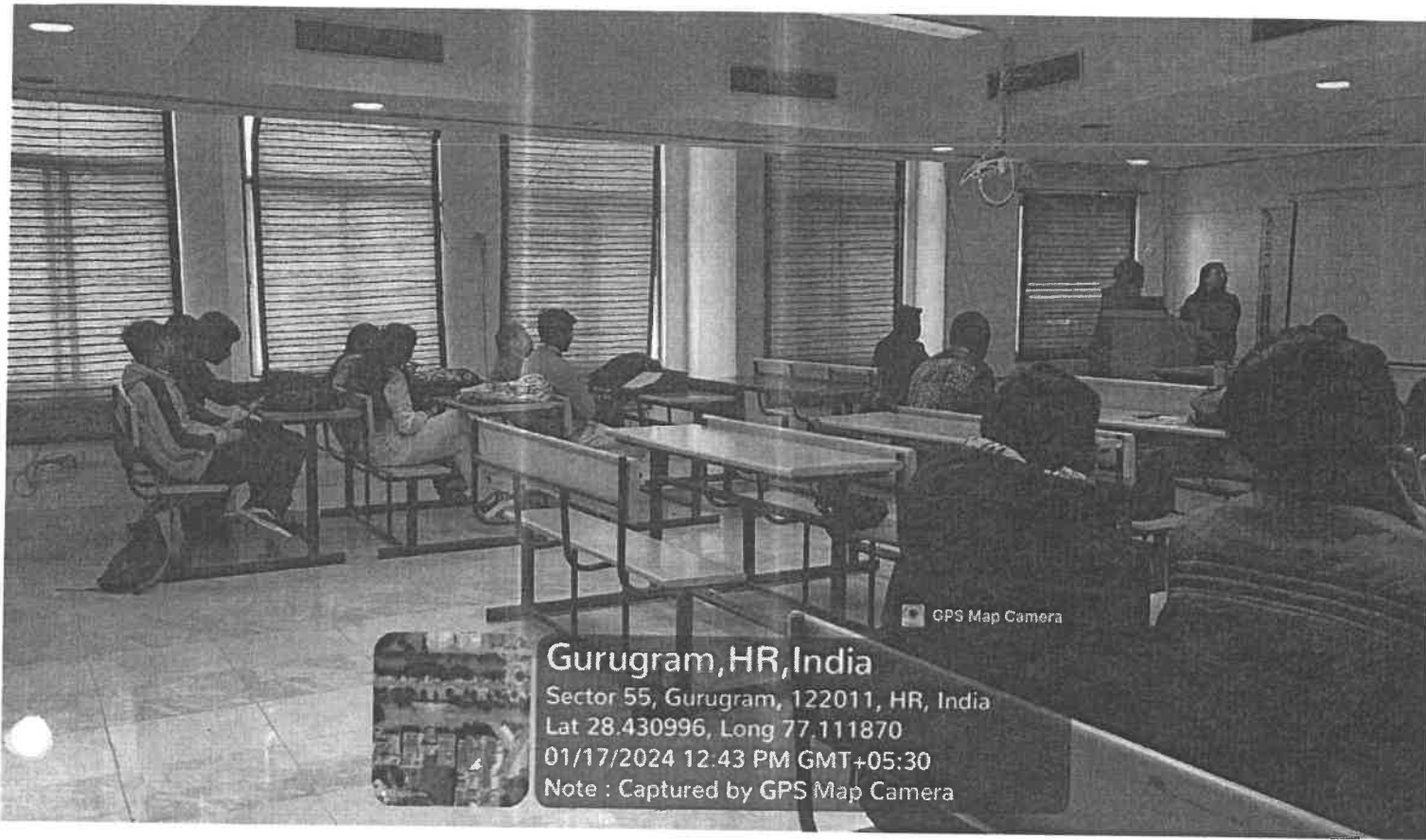
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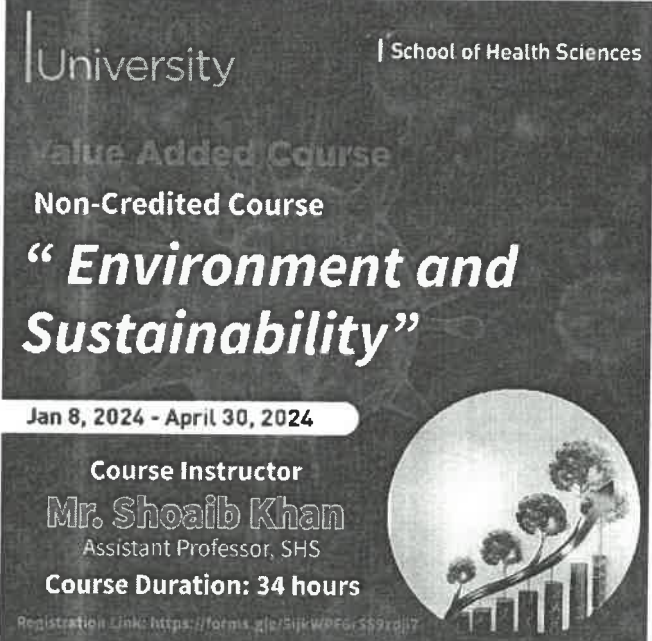

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**A Report on-  
Value Added Course Report-  
Environment and Sustainability (VASHS009)  
By  
School of Health Sciences, Sushant University**

<ul style="list-style-type: none"> <li>• <b>Objective*</b></li> </ul>	<ul style="list-style-type: none"> <li>• Equip students with a comprehensive understanding of environmental issues and sustainability principles.</li> <li>• Explore the interconnections between human activities, ecosystems, and the natural environment.</li> <li>• Introduce various strategies and technologies aimed at promoting sustainable development and mitigating environmental degradation.</li> <li>• Foster critical thinking and problem-solving skills through the analysis of real-world case studies and scenarios.</li> <li>• Encourage active engagement with current environmental challenges and opportunities for positive change.</li> <li>• Cultivate a sense of responsibility and stewardship towards the environment among students.</li> <li>• Provide practical tools and methodologies for assessing environmental impact and implementing sustainable practices in various contexts.</li> <li>• Foster interdisciplinary perspectives by integrating knowledge from fields such as ecology, economics, sociology, and policy studies.</li> <li>• Empower students to become informed advocates and agents of change in addressing pressing environmental issues at local, national, and global levels.</li> </ul>
<p><b>Value Added Faculty with EMP Code</b></p>	<p>Mr. Shoaib Khan</p>
<p><b>Organized by (School/Centre Name) *</b></p>	<p>Department of Pharmacy, School of Health Sciences</p>



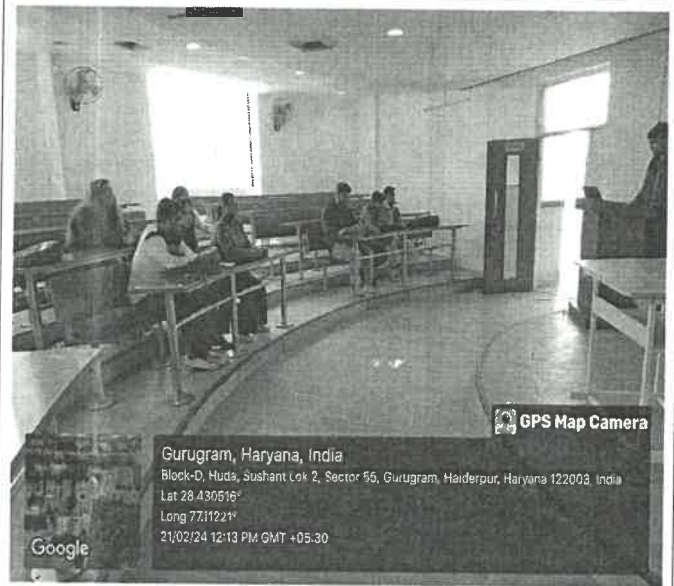
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**DEAN**  
 School Of Health Sciences  
 Sushant University  
 Sector- 55  
 Gurugram

<b>Program Theme*</b>	Industrial Visit
<b>Date*</b>	08 <sup>th</sup> January to 30 <sup>th</sup> April 2024
<b>Time*</b>	09:10 AM to 10:00 AM and 11:55 AM to 12:45 PM
<b>Poster*</b>	
<b>YouTube/Facebook Link:</b> (if live streamed or video posted on FB/YT)	NA
<b>Social media link</b> (promoting in any one Facebook/Instagram/Twitter is mandatory)	Link: <a href="https://www.instagram.com/p/C4IND65RFYx/?igsh=MjR2ZXMON3RveWFv">https://www.instagram.com/p/C4IND65RFYx/?igsh=MjR2ZXMON3RveWFv</a>
<b>No. of Students*</b> (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)	33
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**School Of Health Sciences**  
**Sushant University**  
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**Brief Description (min 250 to max 800 words)\***

The "Environment and Sustainability" course offers a comprehensive exploration of environmental issues and sustainable practices, enriching students' understanding of our planet's ecological systems and the imperative of sustainable development. Led by dedicated lecturers, this value-added course provides a transformative learning experience that empowers students to become informed advocates for environmental stewardship.

**Methodology:** The course employs a multidisciplinary approach, integrating knowledge from ecology, economics, sociology, and policy studies. Through lectures, discussions, and hands-on projects, students engage with theoretical concepts and practical applications, gaining insights into the complexities of environmental issues and potential solutions.

**Experiential Learning:** Field trips, guest lectures, and community engagement activities are integral components of the course, providing students with opportunities to witness environmental challenges firsthand and explore innovative solutions in action. These experiential learning opportunities enhance students' understanding of the real-world implications of environmental degradation and the importance of sustainable practices.

**Global Perspective:** Recognizing the global nature of environmental challenges, the course emphasizes the interconnectedness of environmental issues and the need for international cooperation. Students explore the ethical and political dimensions of environmental governance, gaining a deeper understanding of the complexities



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	<p>involved in achieving sustainability on a global scale.</p> <p><b>Conclusion:</b> The "Environment and Sustainability" course equips students with the knowledge, skills, and values needed to address pressing environmental challenges and advocate for positive change. By fostering environmental awareness and empowering students to become proactive agents of change, the course contributes to building a more sustainable future for our planet.</p>
<p><b>Outcome*</b></p>	<ul style="list-style-type: none"> <li>• <b>CO1:</b> Understand the concept of environmental health</li> <li>• <b>CO2:</b> Identify various Environmental Determinants of Health</li> <li>• <b>CO3:</b> Understand the health impacts of climate change</li> <li>• <b>CO4:</b> Strategies for Sustainable Healthcare Practices</li> <li>• <b>CO5:</b> Legal and ethical considerations in advocating for environmental health policies</li> </ul>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of the Report</p>
<p><b>Report Submitted by</b> (write faculty coordinator name)</p>	<p>Mr. Shoaib Khan</p>



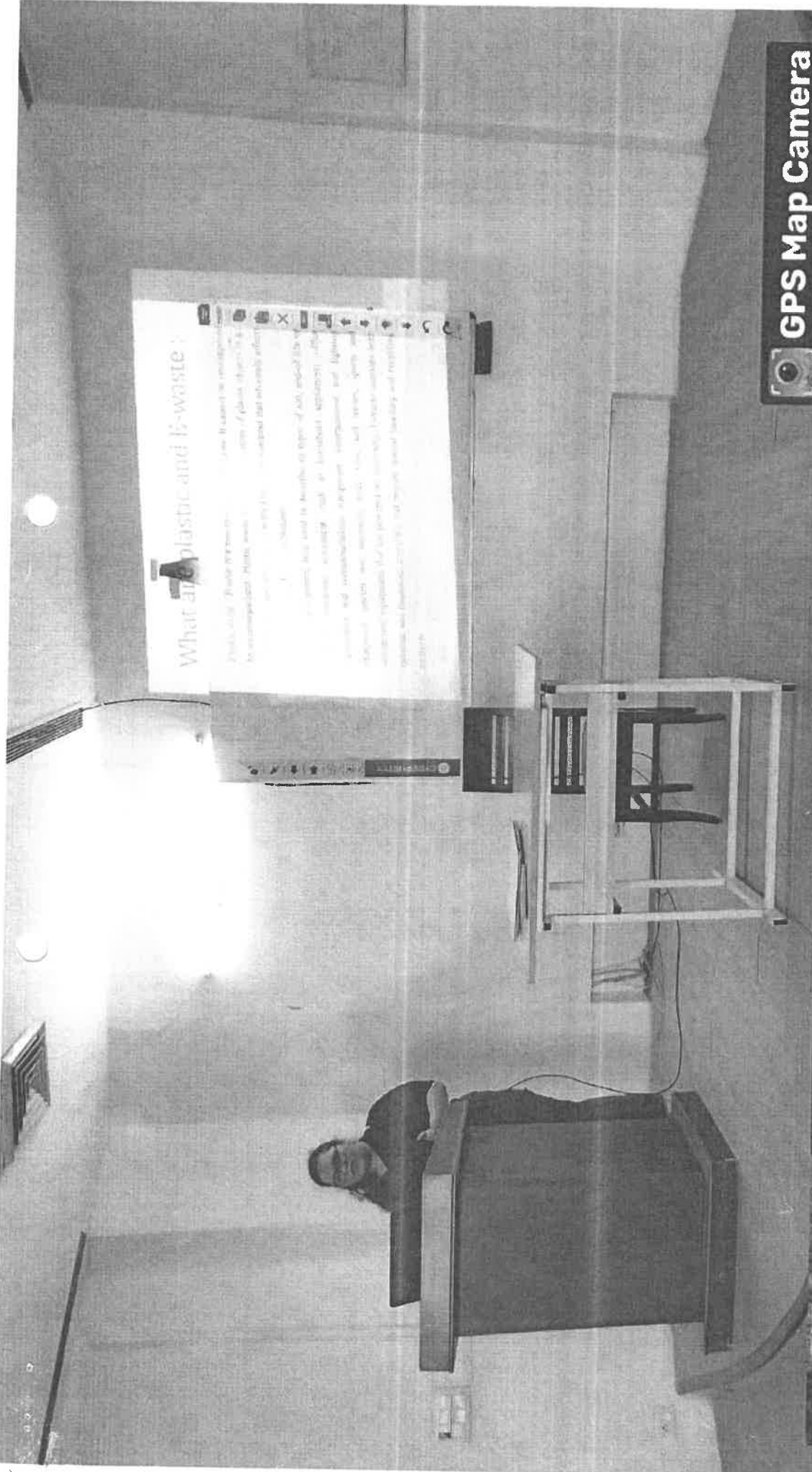
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Sushant University



**VALUE ADDED COURSE PICTURES  
ODD & EVEN SEMESTER**





# What are plastic and E-waste?

Plastic is a synthetic material made from petroleum products. It is used in a wide range of applications, from packaging to construction. E-waste, or electronic waste, includes discarded electrical or electronic equipment. Both plastic and e-waste are major environmental concerns due to their non-biodegradable nature and potential for pollution.

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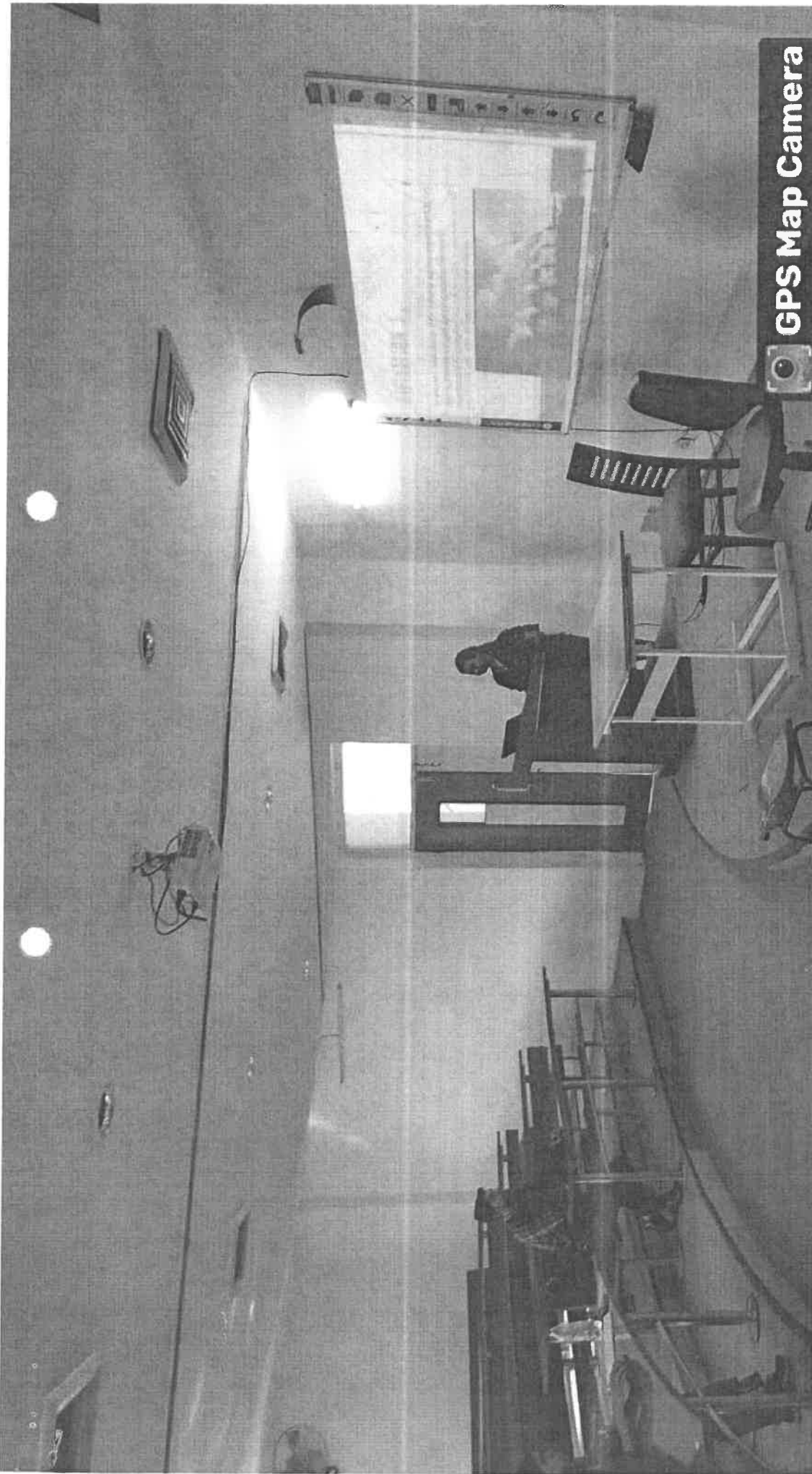
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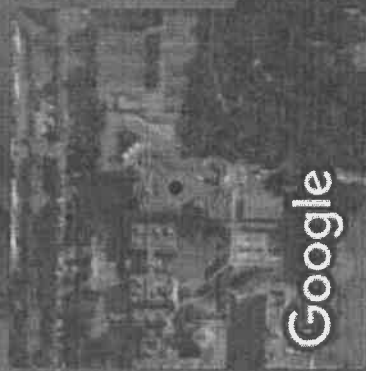
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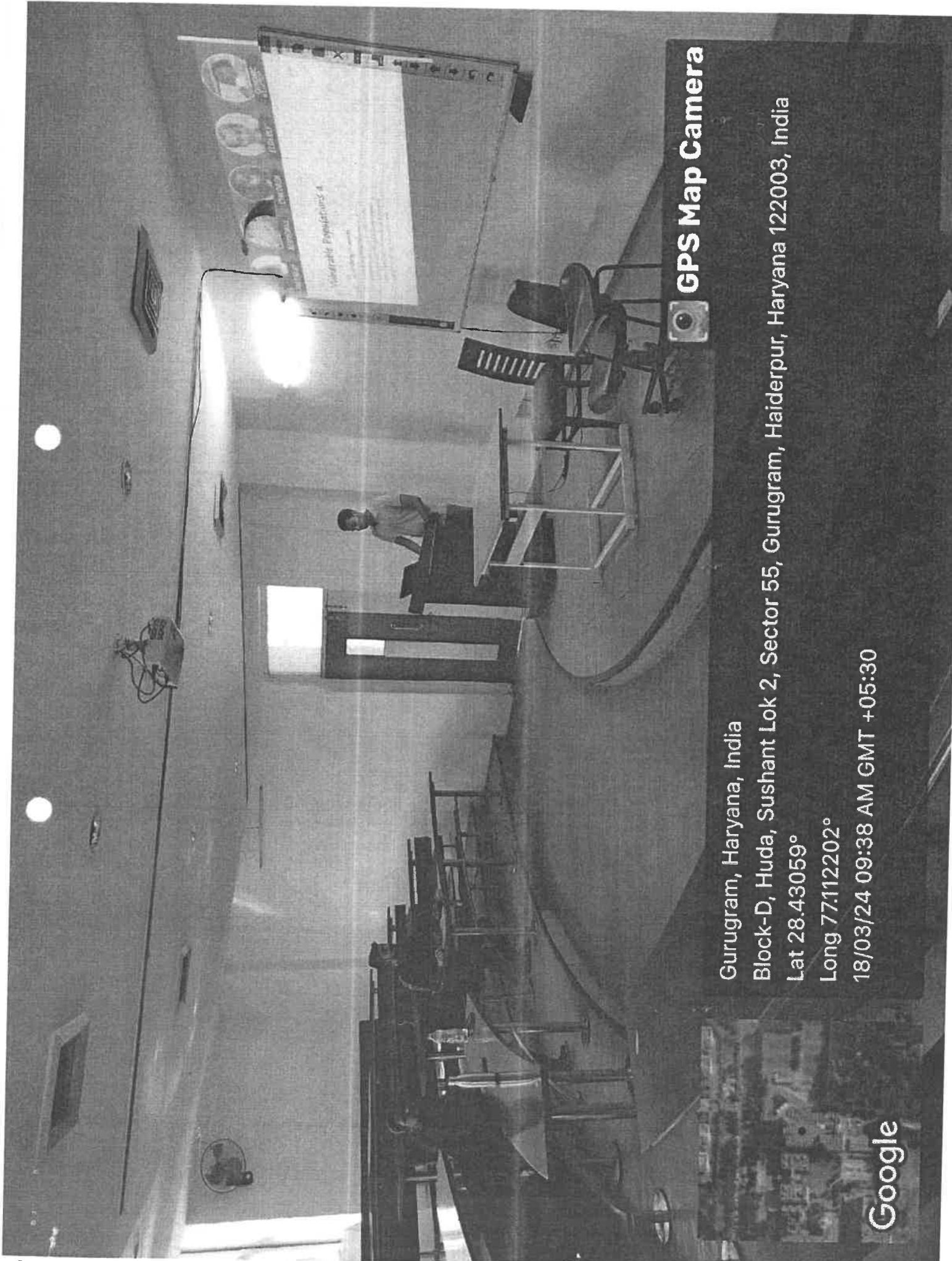
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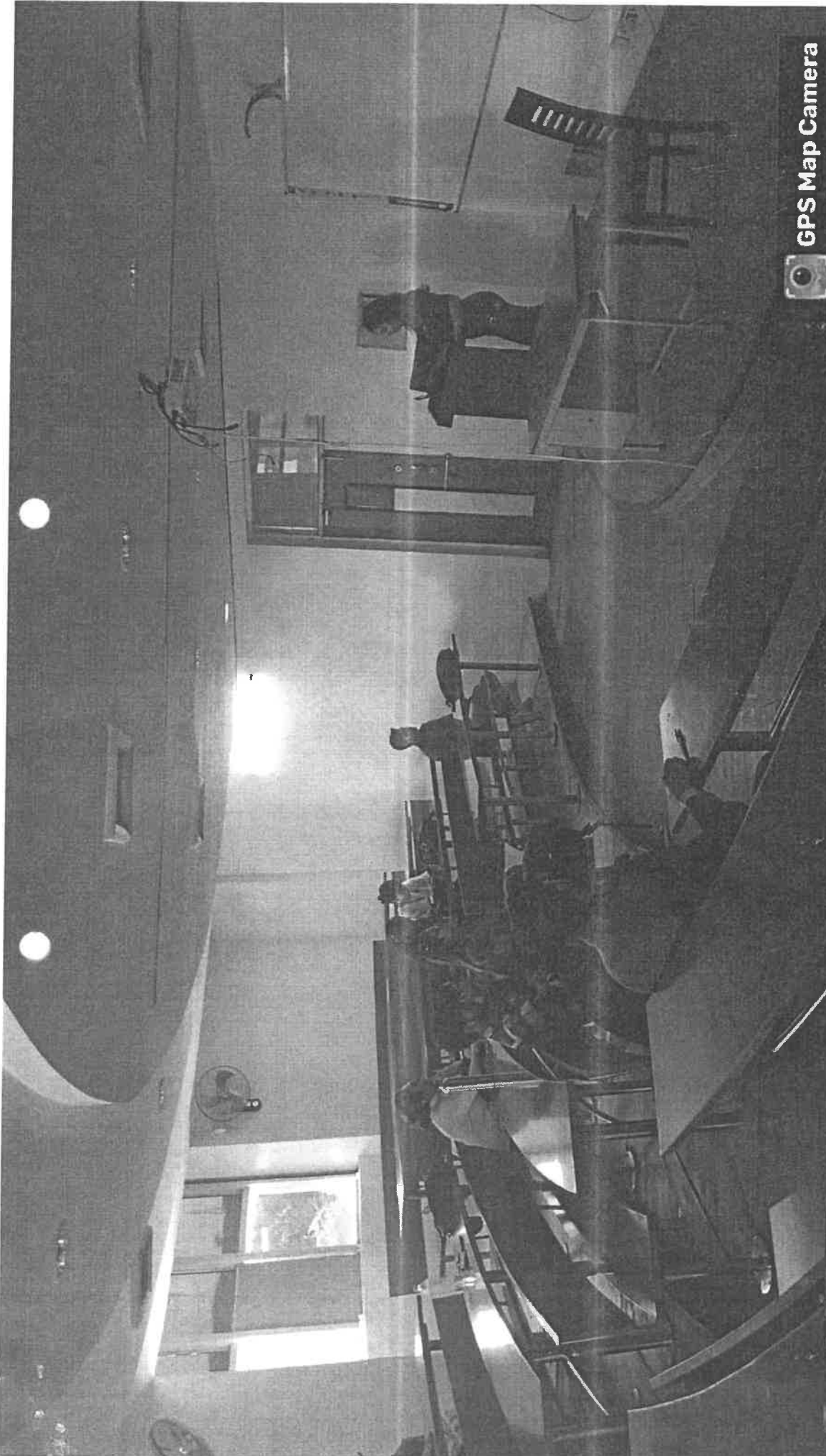
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## GAP ANALYSIS

**Value Added Course Name: Environment and Sustainability**

**Offered in: Even 2024-25**

**Offered for: All SHS students**

### **Gaps Identified:**

- GAP1-Some students might struggle with grasping foundational environmental concepts, such as the interconnectedness of ecosystems or the implications of human activities on the environment.
- GAP2-Understanding the multifaceted nature of sustainability, including its economic, social, and environmental dimensions, may pose challenges for students.
- GAP3-Students may find it difficult to apply theoretical knowledge to practical situations, such as devising sustainable solutions for real-world environmental problems.
- GAP4-Some students may lack a comprehensive understanding of global environmental issues and the interconnectedness of environmental challenges across regions and nations.
- GAP5-Challenges may arise in integrating interdisciplinary perspectives into environmental and sustainability discussions, especially for students coming from non-science backgrounds.
- GAP6-Students may struggle with critically evaluating environmental information, distinguishing between credible sources and misinformation, and analyzing complex environmental data.
- GAP7-There may be gaps in engaging with diverse perspectives, including indigenous knowledge systems, marginalized communities, and global voices, which are crucial for a comprehensive understanding of environmental issues.
- GAP8-Some students may face difficulties in utilizing technology tools effectively for data analysis, simulations, or virtual field experiences, hindering their understanding of environmental concepts.
- GAP9-Misalignment between assessment tasks and learning objectives may lead to gaps in evaluating students' understanding accurately, potentially overlooking areas where students need additional support.
- GAP10-Inadequate feedback mechanisms may result in students lacking clear guidance on areas needing improvement, hindering their overall understanding of environmental concepts.



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Sushant University

### Motivation behind offering this course as a Value Added course

- The course aims to address critical environmental issues such as climate change, biodiversity loss, pollution, and resource depletion, which pose significant threats to ecosystems, human well-being, and the planet's sustainability.
- By educating students about sustainability principles and practices, the course seeks to foster a culture of sustainable development. This includes promoting resource efficiency, reducing environmental impacts, and encouraging responsible consumption and production patterns.
- The course endeavors to instill in students a sense of environmental stewardship and responsibility. Through education and awareness, students are empowered to take proactive measures to protect and conserve natural resources, preserve biodiversity, and mitigate environmental degradation.
- Recognizing the need for skilled professionals in environmental fields, the course aims to prepare students for careers in environmental science, policy, advocacy, and management.
- Through education and awareness-raising, the course contributes to global sustainability initiatives such as the United Nations Sustainable Development Goals (SDGs). By educating students about the interconnectedness of environmental, social, and economic issues, the course promotes collective action towards achieving a more sustainable and equitable future for all.

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**A Report on-  
Value Added Course Report-  
HEALTH EDUCATION AND AWARENESS (VASHS010)**

**By  
School of Health Sciences, Sushant University**

• **Objective\***

**To know the Importance of Health Education:**

- To Empower individuals to make informed decisions about their health.
- To Promote preventive measures, reducing the burden of diseases.
- Encourages healthier lifestyles and behaviors.

**To give knowledge of Components of Health Education and Awareness:**

- Nutrition: Understanding balanced diets, food groups, and portion control.
- Physical Activity: Encouraging regular exercise and its benefits.
- Mental Health: Recognizing signs of stress, anxiety, and depression.
- Hygiene: Educating on personal hygiene practices to prevent infections.
- Substance Abuse: Informing about risks associated with alcohol, tobacco, and drugs.
- Sexual Health: Providing knowledge on safe sex practices and contraception.
- Disease Prevention: Highlighting vaccinations, screenings, and early detection.

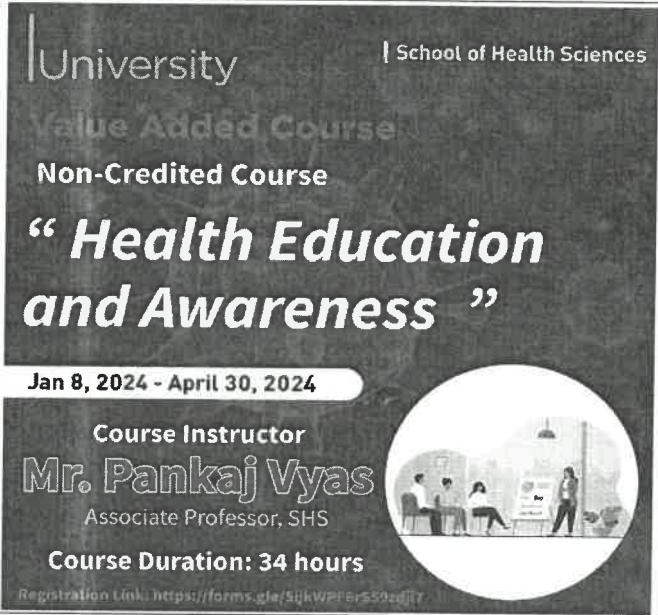
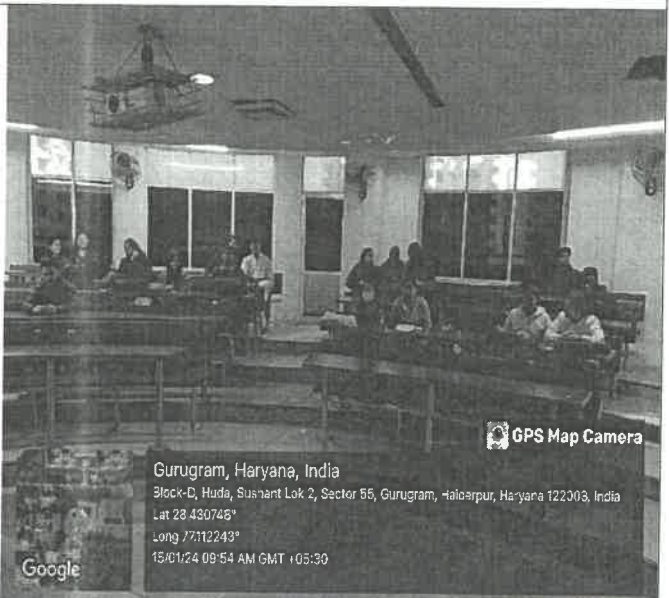
**To create Strategies for Effective Health Education:**

- Targeted campaigns: Tailoring messages to specific demographics and health concerns.
- Community involvement: Engaging local communities in health initiatives.
- Leveraging digital platforms for widespread dissemination of information.
- Partnerships: Collaborating with healthcare providers, schools, and NGOs.
- Culturally sensitive approaches: Respecting cultural beliefs and norms in health messaging.
- Lifelong learning: Promoting continuous education on health throughout all stages of life.



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<b>Value Added Faculty with EMP Code</b>	<b>Mr. Pankaj Vyas: AU0653</b>
<b>Organized by (School/Centre Name) *</b>	Department of Pharmacy, School of Health Sciences
<b>Program Theme*</b>	Industrial Visit
<b>Date*</b>	08 <sup>th</sup> January to 30 <sup>th</sup> April 2024
<b>Time*</b>	09:10 AM to 10:00 AM and 11:55 AM to 12:45 PM
<b>Poster*</b>	
<b>YouTube/Facebook Link: (if live steamed or video posted on FB/YT)</b>	NA
<b>Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)</b>	Link: <a href="https://www.instagram.com/p/C4IND65RFYx/?igsh=MjR2ZXM0N3RveWFv">https://www.instagram.com/p/C4IND65RFYx/?igsh=MjR2ZXM0N3RveWFv</a>
<b>No. of Students* (only no. to be written, attendance sheet should be maintain at department level as proof for any further requirement)</b>	33
<b>(Geotag) Photograph-1*</b>	

(Geotag) Photograph-2



**Brief Description (min 250 to max 800 words)\***

The "Environment and Sustainability" course offers a comprehensive exploration of health issues and sustainable practices, enriching students' understanding of our planet's ecological systems and the imperative of sustainable development. Led by dedicated lecturers, this value-added course provides a transformative learning experience that empowers students to become informed advocates for health stewardship.

**Methodology:** The course employs a multidisciplinary approach, integrating knowledge from ecology, economics, sociology, and policy studies. Through lectures, discussions, and hands-on projects, students engage with theoretical concepts and practical applications, gaining insights into the complexities of health issues and potential solutions.

**Experiential Learning:** Field trips, guest lectures, and community engagement activities are integral components of the course, providing students with opportunities to witness health challenges firsthand and explore innovative solutions in action. These experiential learning opportunities enhance students' understanding of the real-world implications of health degradation and the importance of sustainable practices.

**Global Perspective:** Recognizing the global nature of health challenges, the course emphasizes the interconnectedness of health issues and the need for international cooperation. Students explore the ethical and political dimensions of health governance, gaining a deeper understanding of the complexities involved in achieving sustainability on a global scale.



	<p><b>Conclusion:</b> The "Environment and Sustainability" course equips students with the knowledge, skills, and values needed to address pressing health challenges and advocate for positive change. By fostering health awareness and empowering students to become proactive agents of change, the course contributes to building a more sustainable future for our planet.</p>
<p><b>Outcome*</b></p>	<ul style="list-style-type: none"> <li>• <b>CO1:</b> Understand the concept of health</li> <li>• <b>CO2:</b> Identify various Health Determinants of Health</li> <li>• <b>CO3:</b> Understand the health impacts of climate change</li> <li>• <b>CO4:</b> Strategies for Sustainable Healthcare Practices</li> <li>• <b>CO5:</b> Legal and ethical considerations in advocating for health policies</li> </ul>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of the Report</p>
<p><b>Report Submitted by</b> (write faculty coordinator name)</p>	<p>Mr. Pankaj Vyas</p>



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## GAP ANALYSIS

**Value Added Course Name: HEALTH EDUCATION AND AWARENESS**


**Offered in: Even 2024-25**

**Offered for: All SHS students**

### **Gaps Identified:**

- GAP1-Some students might struggle with grasping foundational Health concepts, such as the interconnectedness of various health systems and their implications on Society
- GAP2- The nature of sustainability, economic, social, and Health dimensions, may pose challenges for students.
- GAP3-Students may find it difficult to apply theoretical knowledge to practical situations, such as devising sustainable solutions for real-world Health problems.
- GAP4-Some students may lack a comprehensive understanding of global Health issues and the interconnectedness of Health challenges across regions and nations.
- GAP5-Challenges may arise in integrating interdisciplinary perspectives into Health and sustainability discussions, especially for students coming from non-science backgrounds.
- GAP6-Students may struggle with critically evaluating Health information, distinguishing between credible sources and misinformation, and analyzing complex Health data.
- GAP7-There may be gaps in engaging in the indigenous knowledge systems, marginalized communities, and global voices, which are must for comprehensive understanding of Health issues.
- GAP8-Some students may face difficulties in utilizing technology tools effectively for data analysis, simulations, or virtual field experiences, hindering their understanding of Health concepts.
- GAP9-Misalignment between assessment tasks and learning objectives may lead to gaps in evaluating students' understanding accurately, potentially overlooking areas where students need additional support.
- GAP10-Inadequate feedback mechanisms may result in students lacking clear guidance on areas needing improvement, hindering their overall understanding of Health concepts.



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### **Motivation behind offering this course as a Value Added course**

- The course aims to address critical Health issues such as climate change, biodiversity loss, pollution, and resource depletion, which pose significant threats to ecosystems, human well-being, and the planet's sustainability.
- By educating students about sustainability principles and practices, the course seeks to foster a culture of sustainable development. This includes promoting resource efficiency, reducing Health impacts, and encouraging responsible consumption and production patterns.
- The course endeavors to instill in students a sense of Health stewardship and responsibility. Through education and awareness, students are empowered to take proactive measures to protect and conserve natural resources, preserve biodiversity, and mitigate Health degradation.
- Recognizing the need for skilled professionals in Health fields, the course aims to prepare students for careers in Health science, policy, advocacy, and management.
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