

Department Name:	Psychology	Dean Name:	Prof. Dr. Sanjeev Sharma
Name of Event:	World Suicide Prevention Day		
Date of Event:	12.09.2023		
Place of Event:	A-015		
No. of Participants:	Department of Psychology		
Coordinator/ Moderator Name :	Ms. Richa Dwivedi		
Email of Coordinator :	Richadwivedi@sushantuniversity.edu.in		

REPORT: Department of Psychology from School of Health Sciences of Sushant University successfully organized ‘World Suicide Prevention Day 2023’ in the presence of guest speaker Dr Satish Kaushik.

The event was held in A-015 on 12th September 2023, and commenced with an opening note given by our Pro Vice-Chancellor and Dean Prof. Dr. Sanjeev Sharma. The anchors then introduced the guest speaker invited, Dr. Satish Kaushik who is a counseling psychologist, a certified happiness coach and the founder of Rajbala Foundation. He was facilitated by Associate Dean and Principal Pharmacy, Prof. Dr. Jyoti Sinha and Head of Department, SHS, Dr. Elina Dewanji Sen.



Dr. Kaushik gave an enlightening session in lieu of suicide prevention day with an engaging presentation on how one can prevent suicide and identify individuals who are struggling, to live a happy and healthy life. Towards the end of his session, Dr. Kaushik had a question round wherein various students put up relevant questions for him which he brilliantly answered.

The audience was treated to an enchanting fusion dance performance given by Dikshita, a first year Psychology student. After that, there was an educational skit performed by students of psychology which highlighted the impact of bullying and how it can lead to suicidal thoughts on the victim. The skit was a balance of acting, and dance drama performances.

Lastly, the department had held a reel making competition with the theme “Creating Hope Through Action” in which students from various departments participated. All the reels were showcased and the winners were announced based on the judges’ judgement.

The event came to an end with a closing statement given by Head of Department, SHS, Dr. Elina Dewanji Sen who thanked our guest speaker, Dr. Kaushik and congratulated the department for a successful event.





GPS Map Camera



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BY:

SATISH KUMAR KAUSHIK

*Counselling Psychologist | Happiness Coach
Founder Trustee, Rajbala Foundation*



