

Department Name:	Cardiovascular technology	Dean Name:	Dr. Sanjeev Kumar Sharma
Name of Event:	Basic life support workshop		
Date of Event:	20th November, 2023		
Place of Event:	A015 Amphitheatre		
No. of Participants:	Total participants : 45 Faculty : 3		
CoordinatorName :	Ms.Kanika Bhardwaj		
Email of Coordinator :	kanikabhardwaj@sushantuniversity.edu.in		

The Department of Cardiovascular Technology Of School Of Health Science Organized a Workshop On BLS(Basic Life Support) on 20th November , 2023 in Amphitheatre(A015) Fron 11:00am-1:00pm With Collabaration With Fortis Memorial Hospital and Research Institute,Gurgaon.

All the students of 1st, 2nd and 3rd Year of the department of CVT were present during the workshop.

So from the hospital we had Dr.Khuram Maqbool with us to teach us essential life-saving skills,including cardiopulmonary resuscitation(CPR),and providing emergency care.

It was also an interactive session which included live hands on training,stimulations,and guidance on responding to various emergency scenarios.



It typically involved the following steps:

- Recognition of Emergency Situations: Training on identifying when someone requires immediate assistance
- Activating Emergency Medical Services (EMS): Instructing participants on how to call for professional help.
- Checking for Responsiveness: Techniques to assess if a person is conscious and responsive.
- Airway Management: Teaching how to open and maintain a clear airway, including the recovery position.
- Breathing Assessment: Instruction on checking for normal breathing and performing rescue breaths if necessary using AMBU bags.
- CPR (Cardiopulmonary Resuscitation): Hands-on training for chest compressions and rescue breaths
- Choking Management: Techniques for assisting a choking individual, including the Heimlich maneuver.
- Secondary Assessment: Additional steps to assess injuries or conditions once the person's immediate needs are addressed.
- Practice Sessions: Hands-on practice with mannequins or simulation scenarios to reinforce skills.

- Q&A and Review: Opportunity for participants to ask questions and review key concepts.

