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# **CENTRE FOR SOFT SKILLS**







Sushant University Sector 55, Golf Course Road, Gurugram - 122003 Haryana

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# From the Head's Desk



# Dear Readers मितंचसारंचवचोहिवाग्मिता। [कमऔरसारयुक्तवचनहीवाक्पटुताअथवाबोलनेकीकलाहै।]

With the launch of the third edition of UPSKILL, we believe that our path towards it is carved and concretized since we stepped in 2021!

Times have indeed taught us to brace for the unexpected. We can plan but we must also adapt and stay resilient.

Within the matrix of life's complexities, uncertainties, challenges and opportunities, the enablers are the soft skills and the abilities acquired, as is proven time and again. Our intense engagement with the students orient them towards learning and developing soft skills such as communication skills, emotional, social, cognitive competencies. We are delighted to see a larger number of placements from different schools. It gives us the boost and the reason to stay at the learning curve to continue to nurture excellence in our students.

With the commitment to persevere for joyful gains, the tireless strive continues ...for ....

Miles to go before I sleep Miles to go before I sleep

Warm wishes
Dr Shaily Bhashanjaly

# **Editor's Note**



I am delighted to present the third edition of the quarterly newsletter of the Centre for Soft Skills UPSKILL before the learned readers. This edition presents a glimpse to the Centre's initiatives and endeavors towards the honing of soft skills and holistic development in line with the National Education Policy.

The major focus of National Education Policy- 2020 remains the metamorphosis of the education system which entails the blend of education with the vital skill sets such as critical thinking, problem solving and creativity to cultivate well rounded holistic personality in order to make learning at par with the global standards culminating in to a more inclusive, balanced and multidisciplinary outlook. In this regard soft skills have become the most vital skills in the workforce today.

In fact it would not be an exaggeration to call these skills power skills as it empowers the learners to unleash their core competencies and embark on the professional world with confidence.

Your suggestions and comments are welcome to make the next issue of UPSKILL more fascinating. Till then

Happy Reading!!

# **Events**

### International Women's day 'Adira'

To salute strong, powerful and noble women who broke the stereotypes and championed the cause of Gender equality 'Adira' was celebrated with the enthusiastic participation of students on March 8, 2022. Students from across the university participated in various competitions such as One minute video challenge, Blogathon, Creative Pro, Poster/Painting/Bookmark and Group Discussion.

**Sushant** University



Centre for Soft Skills



#### Promethean

A unique series of school wise experiential learning events were organized for the students of Sushant University. This enabled the enhancement of concrete experiences by involvement in new experiences, reflective observation by developing observation skills, abstract conceptualization by creating theories to explain observations and active experimentation by using theories to solve problems and make decisions.





#### Samvaad

The Centre for Soft Skills successfully conducted one of the series of interactive sessions 'Samvaad'- a dialogue with the change-makers of society. Session-I in this series started with the CSR Man of India, Mr. Amit Sachdeva who illumined the students on various aspects and dimensions of Corporate Social Responsibility.









### **Training Session**

A training session on "How to Improve Your Aptitude - Quantitative" was conducted successfully by the learned resource persons of Triumphant Institute of Management Education (T.I.M.E.), New Delhi Ms. Aparna Rastogi and Mr. Sajjan Barnwal. The major focus was on the importance of Quantitative Aptitude in higher studies and career building. The final year students from School of Management and School of Engineering and Technology participated in the training session enthusiastically





# International Yoga Day Celebration

In line with the UGC guidelines, Photo Caption contest was organized for the students of Sushant University. The objective was to promulgate Yoga asana among youth in the form of catchy captions and pictures of yoga mudras uploaded on the social media.

# Pragati Raheja B.COM Honors IV SEM

Seek balance in everything you do, every day

risewiththeearlybird The more you start loving yourself, the less difficult life becomes for you. The more you start accepting yourself, the easier it is to realise the truth.

#### Shikha Yadav B.A LLB Honors VIII SEM

Yoga is a medicine......that lets us absorb the power of breathand takes us into present, the only place where life exists.

# Siddhi VermaB.Tech CSC

# Webinar on Financial Wellness Enhancement

Six Thinking Hats Role Play

Financial security plays a vital role in our life. Attaining financial wellness gives a sense of financial security and freedom. In collaboration with Advisors org. a webinar was organized on FINANCIAL WELLNESS ENHANCEMENT. The subject matter expert was Mr. Krishnan Iyar, from Advisors org. Members of faculty and students participated enthusiastically in the event.



To enhance learning by doing and promote innovative thinking Role play activity on six thinking hats, a unique brainstorming concept to get diverse and fresh perspectives was organized for School of Business students.

# Employability Skills Training

To eliminate the skill gaps and hone the employability skills of students for a smooth transition from campus to corporate has been a perennial objective of the Centre for Soft Skills. To cater to this objective many workshops and training sessions have been organized across the different schools of the university.

#### Training session on How to ace Interviews

The Interview Training Session for 'Protium Finance' was conducted in the Virtual mode on February 3 for Post graduate students of School of Business. Faculty resource Ms. Sagarika Goswami and Dr. Indu Prabha Pathak discussed the nitty gritties of Resume and virtual Interviews.

# Career Development Workshop: for School of Art and Architecture, Final year

In an effort to enhance employability quotient, three workshops were held for the architecture students which focused on effective principles of communication, GD & interview skills, Resume building on February 23 and march 3, 2022.

#### Mock Interviews for B.Tech CSE (AI-ML)

Mock Interview was conducted for B. Tech CSE (AI- ML) batch 2019-23 on March 9, 2022. The detailed analysis of each student was done and the assessment sheet was filled in for reference towards improvement.

#### **Training session on Professional Skills**

A 3 day training program was arranged for the final year students of School of Law which was counted in their value added course in the final semester of 1 credit.

This training program helped to imbibe the professional skills while completing their program









## **College Outreach**

Pathak conducted an interactive session Technology& Management on April 25, on "Communication Skills for Stronger 2022. Social Skills" as external resource persons

Dr. Shaily Bhashanjaly and Dr. Indu Prabha for the students of Fairfield Institute of





### Accolades

**Research Paper Publication by** Dr. Shaily Bhashanjaly on

"INEXTRICABLE LINK: THE EMINENCE OF ALL INDIA RADIO TO INDIA'S HISTORY"

Published in Phalanx: A Quarterly Review for Continuing Debate Vol-17, No-3, July - September, 2022 (UGC Care Listed Journal) ISSN: 2320-7700



English

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sagarika Goswami
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### **Facts to Ponder**

According to a paper (the class of 2030) by Microsoft and Mckinsey, 30 to 40% of future jobs will depend on social-emotional skills

In 2014, Google conducted a test to determine the eight essential skills that qualify its

top employees. STEM expertise came last. The top seven are

- 1) Being A Good Coach,
- 2) Listening And Communicating
- 3) Possessing Insights Into Others.
- 4) Having Empathy Toward And Supporting One's Colleagues
- 5) Critical Thinking,
- 6) Problem Solving
- 7) Ability To Connect Complex Ideas

Stanford Research Center and Harvard University, and Carnegie foundation found that a whopping 85% of job success comes from excellent soft and people skills.

# **Creative Corner**

#### Hope

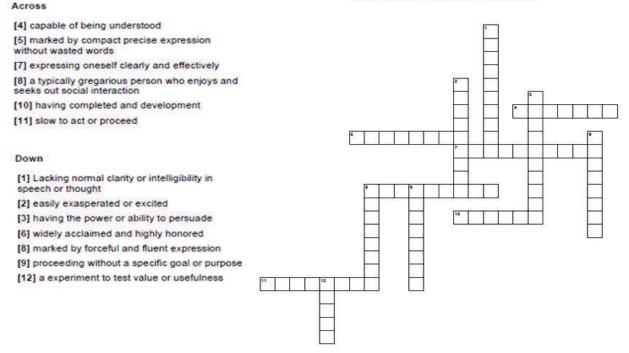
What an astonishing word it is right; The word that helps to believe in life The word that helps to overcome the strife; The word that gives power not to cry The words that aid to say toxicity bye; The word that offers the strength to rebuilt; The word that makes you perceive you shouldn't take the guilt Let's never lose the will to hope.

Garima Yadav

B.COM IV SEM

# **CROSSWORD PUZZLES**

#### **Communication Skills**



# Soft Skills Word Search

Е	Ν	ο	I	т	Α	С	I	Ν	υ	м	м	ο	С	
Ι	R	Ι	F	R	Α	м	Е	W	ο	R	κ	W	Е	A
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Ν	С	W	W	т	ο	Α	т	R	υ	s	т	ο	s	
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0	Α	W	s	Р	Ι	D	т	Α	s	т	G	т	s	
т	т	ο	L	т	Е	Α	м	W	ο	R	κ	Р	s	
Ι	Ι	R	Α	s	s	Е	Ν	Ν	Е	Р	0	Α	Е	
Α	v	т	ο	s	т	Α	R	R	С	ο	s	s	R	
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Ν	Ι	Α	G	R	Α	в	D	Ι	R	R	L	Е	Е	

REWARD PASSIVE ADAPTABILITY FRAMEWORK CREATIVE HONESTY BARGAIN OMMUNICATION NEGOTIATION GOALS TRUST LISTENING POSITIVE **OPENNESS** CONFIDENCE ASSERTIVE TEAMWORK WORTH STAR MUTUAL

The response for the answers of the above will be published in the next edition.

#### Editor: Dr. Indu Prabha Pathak

# **Forthcoming Events**

- Certificate courses
- Refresher course for non teaching staff
- Capsule summer courses



Sushant University, Sector 55, Golf Course Road, Gurugram - 122003, Haryana Toll Free:1800 270 5520 | M. 79884 33301 www.sushantuniversity.edu.in Gurugram (Haryana) Email ID: css@sushantuniversity.edu.in Extension No: 0124-4750513 | 0124-4750510