



Management Development Programme



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To augment human potential with skills to enhance resilience and effectiveness in this VUCA world, ***Centre for Soft Skills***, Sushant University, offers Management Development Programmes (MDPs) for the corporate professionals, executives on critical and relevant soft skills of today.

Centre for Soft Skills

To enhance employability quotient, personal and professional success, **Centre for Soft Skills** in the university campus designs and delivers training programs in the most enriching style with effective learning solutions. Training in soft skills gives the cutting edge to excel and flourish. The key differentiator is not what work you do, but *how* you work.

Team of ace professionals and experts use experiential methodology, tools, techniques that ensure complete transfer of learning.

Programme Highlights

Experiential
learning tools

Case studies

Participant led
Discussions

Questionnaires

Audio-Visual
Tools

Session Topics

- Stress Management
- Happy Work Spaces
- Personal Effectiveness
- Enhance your Creativity
- Critical Thinking
- Effective Decision Making
- Assertive Communication

For Whom

Corporate
Executives

Govt.
Employees

Academia

Retired
Professionals

Working
professionals
from different
spheres of life

Facilitators



Dr. Shaily Bhashanjaly holds qualifications as a Doctorate in Sociology, Post Graduate Diploma in Management. For the past 20 years, Dr. Bhashanjaly has been teaching and imparting soft skills training. In addition, an experienced radio broadcaster with FM Rainbow, All India Radio since 2003, Dr. Bhashanjaly hosts live radio shows regularly. She has done English commentary on All India Radio for national events such as World Food India 2017, Sardar Patel Run for Unity 2017, BSF Raising Day 2017, and Smart India Hackathon and Hindi Commentary on 'Antim yatra- Atal Bihari Vajpayee'



Dr. Indu Prabha Pathak is a Ph.D. in English with a rich academic experience. She has authored a book and also supervised many research scholars for their Ph.D. degree. She has published more than 25 research papers in various international and national peer reviewed journals and presented at various conferences and seminars. She has organized and conducted many Soft and Life skills sessions, School Workshops, Webinars and Faculty Development Programs.



Ms. Sagarika Goswami is a certified TESOL/TEFL trainer with more than 20 years of experience in Corporate training and development, Print and Broadcast Media, and Academics. Ms. Goswami has expertise in training in leadership skills and high performance teams. Being an NLP Practitioner, Ms. Goswami is a passion driven facilitator of growth and has successfully delivered training sessions at Schools, Colleges and Corporate Houses. For her skills, Ms. Goswami has acclaimed recognitions as Best Teacher Award and Speaker Award at RYLA MRIU 2016.

Stress Management

- Finding new ways of coping with the new normal
- To manage the shocks and replenish resources at disposal
- Improving emotional intelligence and developing mechanism to cope with stress
- Personal empowerment and a renewed sense of enthusiasm and joy
- Building more sustainable careers



Happy Work Spaces

- Understanding the huge impact of the physical environment of a workplace on the productivity of work force
- Demonstrating the effect of poorly designed work spaces on the time and energy of a professional
- Sensitizing and creating awareness about the role of color, lighting, openings, Fixtures and furniture on human psychology
- Personalizing work spaces without compromising on the essence of the office's overall image
- Brand building by creating and identity through design



Personal Effectiveness

- Optimizing all the resources at disposal such as talent, skills, strengths, energy, and time to enable oneself to achieve goals at work and in life
- To promote a greater self-awareness – particularly around the factors that are restricting an individual's effectiveness
- Develop a personal action plan to enhance personal effectiveness at work, develop greater personal impact and improve results.
- Efforts and focus towards multiple areas of life; ability to manage time, present influence others of our brilliant ideas, or simply communicate with the right people in the right way
- Steer with goal-focused mindset and be personally empowered with a renewed sense of joy and enthusiasm.



ENHANCE YOUR CREATIVITY

- Realizing the need to enhance and develop creative thinking beyond artistic professions
- To be able to adjoin the dots with seemingly distinct information or finding creative ways to steer work and life through challenges and opportunities that come its way.
- Working on curiosity levels to go deep in to the subject matter
- Enabling expressions to flow more frequently
- Inculcating approaches; finding imaginative yet viable solutions to challenges, new ways of working in a team and many other roles that necessitate creativity
- Stimulating new ways of thinking and creating a constant stream of a toolkit of creative thinking techniques to generate, evaluate new ideas



CRITICAL THINKING

- Orient and equip with the skill of critical thinking, evaluate arguments and reasoning, recognize one's biases by viewing an issue through multiple perspectives.
- Question the assumptions behind every proposition
- Be open to adopting different perspectives
- See potential opportunities
- Manage ambiguity in an environment where change is constant and swift decisions are required
- Apply critical thinking and argumentation to the real world problems and cases



The Art of Effective Decision Making

- An insight into the factors that influence individual decision-making
- Understanding the roadblocks in the form of biases and common follies in the formulation of prudent decisions
- Consensus-building, factors that affect consensus building and the pitfalls to avoid.
- Examining the role of ethics in decision-making.
- Team decision making, especially virtual teams to identify problems, choosing suitable alternatives and evaluating their decisions



The Path of Assertive Communication

- Identifying the need of assertive communication in building meaningful inter-personal relations at work place
- Analysing different communication styles and their impact on self and others
- Recognizing the advantages of assertive communication in creating a respectful work environment
- Exploring possible roadblocks and strategies to develop assertive communication style



Registration Charges for each session and Bank Details

Registration charges : 500 INR

Account Name	Ansal University
Account Number	000294600000063
IFS CODE	YESB0000002
Bank Name	Yes Bank
Bank Name & Branch	YES BANK LTD. FORTUNE GLOBAL ARCADE, SIKANDERPUR, MG ROAD, GURGAON

Registration Details

The detailed schedule of the programme will be announced once a minimum no. of participants register in a session.

Link for registration is given below :

<https://forms.gle/3uFtG915S5o4m1VLA>

- Certificate of participation will be provided to all the participants.

Contact Details

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